

**2024 CA-AFCS Conference Program**  
**April 12-13, 2024**

Friday April 12

- 10:00-11:30 Tour of SFSU labs: Betcher Clothing Design Lab, BH 6; Textile lab, BH 409; Miele Foods Study lab, BH 406; Interior Design labs. BH 334-336
- 12:30-1:30 EEF meeting, Library 121
- 2:00-4:00 Board of Directors meeting, Library 121
- 4:00-5:00 Reception, faculty room, Library 286

Saturday April 13

8:00-10:00 am Breakfast Session

8:00 Breakfast available

8:45-9:00 Welcome, CA-AFCS Vice-President Programs, Gus Vouchilas

9:00-9:45 David Anderson, Professor, Department of Kinesiology and Director, Marian Wright Edelman Institute for Study of Children, Youth, and Families, San Francisco State University

10:00-11:00 am Poster session, authors present (posters remain up until 5:00)

11:15-12:00 Research session 1

**Breakout 1 Urban Issues** (20 min each)

- *Climate Resiliency through Food Justice: An Urban Agriculture Pilot Study*, Monique Scott, MPHc, BA MPH and Zubaida Qamar, PhD, RDN, San Francisco State University
- *A Case for Affordable Senior Housing in the Castro Street District of San Francisco*, Clark Bennett and Gus Vouchilas, San Francisco State University

**Breakout 2 Nutrition/Health** (20 min each)

- *Effects of Weight Bias Body Messaging Assignment for Nutrition and Dietetic Students*, Hillary Roberts, EdD, RDN, LD; Kate Burt, PhD, RDN; Gretchen George, PhD, RDN, ACUE; Madison Clemens, RDN, LD; and Kristin Rose, RDN, San Francisco State University
- *Let's Get Physical: Health & Wellness in Aging*, Jody Roubanis, Point Loma Nazarene University

12:15-2:15 Lunch session

12:15-12:30 AAFCS President, Deb Andres video

12:30-12:45 CA-AFCS President Ivana Markova (Scholarship/EEF grant info and video: Nancy Dayne and Roudi Roy, California State University Long Beach, *Family Resource Cart*, EEF grant

12:45-1:15 lunch service

1:30-2:15 Industry panel

2:30-3:15 Research session 2

**Breakout 1 Family**

- *Parental Emotion Coaching and Preschool Children's Self-Regulation Development*, Michelle Taylor, California State University, Long Beach

- *Reading Aloud with Young Children: Benefits and Strategies to Support Positive Child and Family Development*, Kellye Carroll, Point Loma Nazarene University

### **Breakout 2 Adult Housing Issues/Research**

- *Designing Their Future*, Gianna Wiley and Gus Vouchilas, San Francisco State University
- *Maximizing Your Research Time, Resources and Energy for FCS Education*, LynDee Lombardo, Washington Affiliate of American Association of Family and Consumer Sciences

3:30-4:15 Research session 3

### **Breakout 1 Apparel Design/Fashion Industry**

- *Clothing Connections: Designing for yourself while designing for others using community collaboration within the circular economy*, Nancy Martin, San Francisco State University
- *The Cultural Appropriation of Pocahontas in the Fashion Industry*, Ivana Markova and Cristina Azocar, San Francisco State University

### **Breakout 2 Apparel Design/Fashion Trends**

- *Apocalypse: An Activist Design Collaboration*, (EEF funded grant) Amy Dorie, Edward Lopez, Andre Aberin, and Justin Burnett, San Francisco State University
- *Exploring Silk: Fiber, Fabric and Flighty Kimono Fashions*, LynDee Lombardo, Washington Affiliate of American Association of Family and Consumer Sciences

4:30-5:00 Closing session: awards (CA-AFCS President and gavel to new President)

### **Posters**

*Equipping Students to Serve Diverse Families through Strategic Course Design and Parent Education Workshops*, Kellye Carroll, Point Loma Nazarene University

*Repartnering after Loss: Gender Differences in Older Adults*, Kathleen Flachmeier, California State University, Long Beach

*Undergraduate Student Attitudes Towards Streetwear Fashion Trends*, Kai Stephens, San Francisco State University

*Addressing food access on college campus through assessment of SNAP participation; An observational study evaluating of SNAP participation on college campus; Evaluating food security on college campus through SNAP participation*, Monique Scott, MPHc, BA, MPH student, and Zubaida Qamar, PhD, RDN, San Francisco State University

*The Effects of Nutrition and Food Education Early in Life*, Eleanor Hulse, San Francisco State University

*Integrating Rudolf Steiner's Design Philosophies into Hospital Emergency Waiting Rooms for Stress Reduction*, Perla Pelayo and Gus Vouchilas, San Francisco State University

*Undergraduate Students Perceptions of Eurocentric Focused Fashion History and Cultural Appropriation in Design*, Germaina Powell, San Francisco State University

*Consumer Attitudes Towards Purchasing Footwear*, Victoria Reyes, San Francisco State University

### **Undergraduate Posters**

*Symbiotic Connections: Visualizing the Relationship between Split-Gill Mushrooms and Oak Trees with Mokume Shibori*, Andrea Armstrong, California State University, Sacramento

*Grandma's Hope for Kaylita: Designing Mexican-American Values with Regional Materials*, Kayley Kirkaldie, California State University, Sacramento

*Harvest Dance: An Opportunity to Further Develop Social Skills in Adolescents with Down Syndrome*, Emily Burns, Point Loma Nazarene University

*Understanding Consumer Attitudes Towards Androgynous Clothing*, Sarah Shahbazian, San Francisco State University

*Festival Redone: A Case Study in Redesign*, Avalon Owens, Bryce Harris, Antoinette Montano, Melissa Martinez, Jake Ferrigno, Stella smith, San Francisco State University

*Promoting Intuitive Eating Awareness on a College Campus*, Leah Skrzyniecki & Danika Bendo, Point Loma Nazarene University

*Single Time Use*, Hikari Nakatani, San Francisco State University

*Second Life Style*, Isaiah Kidd, San Francisco State University

*@Nutrition4myfriends: Empowering Young Adults through Science-Based Nutrition on Social Media*, Hayoung Kim, San Francisco State University

*Combating Ageism in the Modeling Industry: A Call for Change*, Mickey Olivas, San Francisco State University

*The Findings Behind the Influence of Music in Fashion*, Leslie Hernandez, San Francisco State University

*Leading Student Organization's Fundraising Activities*, Joanna Patterson, Marlenne Mendoza, Calico Reyes, San Francisco State University