

President's Message

Happy Fall!

I hope you all are having a good Fall and are gearing up for the holidays. CA-AFCS has been busy with preparations for the 2020 Biennial conference April 3-4 in beautiful San Diego. Put it on your calendar! Please consider submitting a proposal for a presentation or workshop sharing your work with colleagues. The forms are in this issue. Deadline for submission is **December 2!** The registration form with details on the hotel will be ready to share in December.



CA-AFCS grant applications are due soon: December 1. The application is at <https://www.aafcs-ca.org/ca/eef-grant-info/>

Dine In Day this year is defining families as “neighbors as families.” **December 3** is the traditional day for Dining In as a commemoration of Ellen Richards’ birthdate. Prepare a healthy meal and dine-in with family, neighbors, colleagues, or friends.

There is preliminary work on a possible joint conference in 2021 (next year) with CA-AFCS and the CTE FCS Leadership and Management professional development annual conference attended by FCSTAC members and other California FCS secondary teachers. With this arrangement, the conference would be larger and better funded. There will be a great deal of planning needed to join these two events, but I am excited about the prospects. What do you think? Please respond to a survey recently sent to members.

We are happy to report that our proposal for a small AAFCS grant to increase membership was accepted. We received \$1000 and have developed media to contact FCS secondary teachers and will be working on a video to present to college and university students to encourage their membership. Thanks to Bevyn Cassidy and Melissa Webb in the CA State Dept of Education for their help and expertise.

Dr. Gus Vouchilas has sent out a request for donations to our association to help continue CA-AFCS’s good work. Please consider sending whatever you can. Contact Gus at gusv@sfsu.edu with questions.

Happy Thanksgiving and Happy holidays to all!

Nancy Rabolt,
2018-2020 CA-AFCS President

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WESTERN REGION BIENNIAL
CONFERENCE

Point Loma Nazarene
University Conference Center
& Courtyard by Marriot at
Liberty Station

April 3 — 4, 2020





2019 "Dine In" for Healthy Families Neighbors as Family

What is "Dine In" Day?

AAFCS honors Founder Ellen Swallow Richards by celebrating FCS Day on her birthday. Since 2014, nearly half a million people have committed to "Dining In" on Family & Consumer Sciences (FCS) Day!

Neighborhood Types

- Urban, Suburban
- City, Rural/Farms
- Single Dwelling Homes
- Homeowners Group
- Condo/High Rise
- Apartment Building
- Retirement Community
- College Dorm, Sorority/
Fraternity House
- Campus Neighbors
- Office Building, Staff,
- Neighbors, Gym
- **Other**

What You Can Do & How to Get Started

1. Identify neighborhood type for your "Dine In".
2. Commit to "Dining In" with your neighborhood.
3. Start planning early.
4. Give stickers to your neighbors to save the date.
5. Join the conversation on social media.
6. Change your Facebook profile photo to the "Dining In" logo.
7. Pin your favorite meal recipes on the "Dining In" Pinterest board.
8. Prepare and eat a healthy meal with your family and neighbors on December 3
9. Have fun and take lots of photos!
10. Tell us about your "Dining In" experience with your neighbors.

If you have any questions or comments about this initiative, please email nbock@aafcs.org

INTERNATIONAL FEDERATION FOR HOME ECONOMICS

WORLD CONGRESS

HOME ECONOMICS: SOARING TOWARD
SUSTAINABLE DEVELOPMENT

AUGUST 2-8, 2020 | ATLANTA, GEORGIA, USA



CA-AFCS is happy to announce our \$1000 donation to the IFHE 2020 World Congress towards the IFHE Travel Grants fund to support those from developing countries to attend the Congress. The Congress has not been in the U.S. since 1988 in Minneapolis. See venues since 1908 at <https://www.ifhe.org/about-ifhe/structure-history/ifhe-world-congresses-since-1908/>



**WEBINAR WEDNESDAYS
YOUR VIRTUAL ATTENDENCE
IS APPRECIATED!**

Click on the date to register!

Wednesday, December 11, 2019 - 4:00 PM EST

Flipping a Switch for Happiness and Financial Security in Later Life

Wednesday, January 15, 2020 - 4:00 PM EST

Leading in the Lab: Before, During and After

Wednesday, March 18, 2020 - 4:00 PM EST

**Driving Community Health Through Collaborative Opportunities:
A Multi-Sector Nutrition Engagement Model**

Wednesday, April 15, 2020 - 4:00 PM EST

**High Level Thinking:
Critical Science in Family and Consumer Sciences**



<https://www.aafcs.org/aafcs-events/all-events/webinars>



Family and Consumer Sciences

2019-2020 PROFESSIONAL DEVELOPMENT for FCS TEACHERS SCHEDULE

WORKSHOPS	DATE	LOCATION
Food Safety and Sanitation Workshop-ServSafe®	Tuesday, October 8	Citrus Heights
Food, Nutrition and Hospitality Curriculum and Teaching Strategies	Tuesday, October 22	Santa Clara
Culinary Arts Skills: Celebrating New Techniques	Friday — Sunday November 1-3	Sonora
Food, Nutrition and Hospitality Curriculum and Teaching Strategies	Friday, December 6	San Bernardino
Food, Nutrition and Hospitality Curriculum and Teaching Strategies	Tuesday, January 28	Stockton
Food Safety and Sanitation Workshop-ServSafe®	Tuesday, February 25	Pomona
Culinary Arts Skills: Celebrating Classroom Success	Friday — Sunday March 6-8	Los Angeles
Education, Child Development and Human Services: Celebrating the Industry Sector	Thursday — Friday March 26-27	Sacramento
2020 FCS Leadership and Management Conference	Wednesday — Friday June 17-19	San Diego

Dates and Locations Subject to Change or Cancellation

Registration materials available online at

<http://ca-fcs.org/professional-development/workshops>



CALIFORNIA ASSOCIATION
Family & Consumer Sciences
CA-AFCS



WESTERN REGION BIENNIAL CONFERENCE

Point Loma Nazarene University Conference Center &

Courtyard by Marriott at Liberty Station

April 3–4, 2020

Proposal Forms

Workshop Proposal Form

(graduate students and professionals)



Research Proposal Form

(graduate students and professionals)



Project Proposal Form

(undergraduate students)



Conference Tri-chairs

[Jody Roubanis](#)

[Susan Rogers](#)

[Amber Bradley](#)

Call for proposals!

Proposals for research, juried apparel design, workshops, and student projects are being accepted for the CA-AFCS Western Region Biennial Conference in San Diego, California. All submission will be peer-reviewed.

The deadlines follow:

- Research (poster or oral) proposals, Juried apparel design proposals, and Workshop proposals are due by midnight December 2, 2020.
- Researchers and designers will be notified of acceptance to present on December 9, 2020.
- Workshop presenters will be notified of acceptance to present by December 16, 2019.
- Undergraduate project proposals are due February 19, 2020, and students will be notified by February 26, 2020.

Registration for the conference opens early in January 2020; for more information go to the CA-AFCS website at www.aafcs-ca.org.

Questions? Contact jroubanis@verizon.net

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[Forward to a Friend](#)





Benefit for Assembly of Higher Education (AHE) Members

Graduates of AHE institutions receive one FREE year of AAFCS Professional membership!



Join and pay by the deadline to activate this fantastic benefit for your graduates!



Fall Deadline: Payment Received by October 15
Spring Deadline: Payment Received by March 15
Summer Deadline: Payment Received by June 15

Questions? Email membership@aafcs.org

2020 Awards, Grants, Scholarships, and Fellowships

- **D. Elizabeth Williams International Award**

- **Ethel L. Parker International Fellowship Fund International Award**

- **Helen Strow International Fellowship Fund**

(The above all are \$5,000 each plus up to \$2,500 for International Federation of Home Economics (IFHE) Registration, AAFCS Annual Conference & IFHE travel and membership stipend)

- **Jewell Taylor Graduate Fellowship**

The Jewell L. Taylor Scholarship was established through a generous bequest from Jewell L. Taylor, a dedicated family and consumer sciences professional for more than 50 years.

- **Jewell Taylor Undergraduate Scholarship**

(The above are \$5,000 each plus up to \$1,000 for Annual Conference travel and membership stipend)

- **National Teacher of the Year Award**

(2,500 plus up to \$1,000 for travel and membership stipend; sponsored by Goodheart-Willcox Publisher)

Application Period opens by 10/7/19!

aafcs.org/resources/recognition

Applications due January 2020 unless noted otherwise online.

- **Excellence in Extension**

(\$5,000 plus up to \$1,000 for Annual Conference travel and membership stipend; submissions and selection managed by the AAFCS Community of Extension)



AAFC

A M E R I C A N A S S O C I A T I O N O F
FAMILY & CONSUMER SCIENCES

Key Messages for Public Awareness & Outreach

This is a quick reference guide of key messages that can help us consistently communicate to the public, legislators, key decision makers, and the media our value and impact to society. When we use the messages regularly, we can improve the understanding and visibility of family and consumer sciences.



DEFINITION	CONTENT AREAS	PRACTICE SETTINGS
<p>Field of study focused on the science and the art of living and working well in our complex world.</p>	<p>Our primary areas of focus include:</p> <ul style="list-style-type: none"> • Culinary arts, hospitality, and tourism • Education and training • Food science and nutrition • Health management and wellness • Housing and interior design • Human/child development and family relations • Personal and family finance • Textiles, apparel, and retailing <p>Sustainable practices, consumerism, and leadership principles are woven throughout the content areas.</p>	<p>You will find professionals in:</p> <ul style="list-style-type: none"> • Field of study focused on the science and the art of living and working well in our complex world. • Academic education at these levels <ul style="list-style-type: none"> – Early childhood – Elementary – Secondary – Higher Education <p>Community education for adults and youth, including Cooperative Extension programs</p> <ul style="list-style-type: none"> • Business and industry • Government • Health and human services
<p>VALUE</p> <p>Through research, experiential education, and technology, our professionals help people develop the essential knowledge and skills to:</p> <ul style="list-style-type: none"> • Lead better lives • Be work and career ready • Build strong families • Make meaningful contributions to our communities 		

Calendar

December 1, 2019

CA-AFCS Grant Applications due

December 2, 2020

CA-AFCS Conference proposals due

December 3, 2020

Dining-In Day

February 19, 2020

Undergraduate conference proposals due

April 3-4, 2020

CA-AFCS Biennial Conference, San Diego, CA
(The Executive board will meet on Thursday April 2 and Board of Directors on Friday morning April 3.)

June 26-28, 2020

AAFCS 111th Annual Conference, Baltimore, MD

August 2-8, 2020

International Federation of Home Economics (IFHE) World Congress, Atlanta, GA

**FAMILY &
CONSUMER
SCIENCES**



Creating Healthy & Sustainable Families

Students

Facebook

Keep up-to-date with the latest CA-AFCS happenings by friending us "AAFCS—California Affiliate"

Scholarships

Scholarship applications and information are available online at <https://www.aafcs-ca.org/ca/scholarship-info/>

If you have any questions, contact the district scholarship representative.

Professionals & Students on LinkedIn

Just search for CA-AFCS to join. If you are not yet networked on LinkedIn, go to www.linkedin.com

Ask district leaders for more information on activities specific to your district!