President’s Message

I hope this issue of Contempo finds you all in good health and that you had a wonderful holiday season.

Please see our CA-AFCS website https://www.aafcs-ca.org/ca/ which continues to be updated. Reminder, our Twitter Feed (@CAAFCS) has been added to the homepage so you can see what’s new on a continual basis; it will change with each new tweet. Please add your tweets if you like. Thanks to Jody Roubanis for her updates.

This is the third issue of our mini-Contempos. Please let me know what you think of this format. And please send me any topics or information you would like to see and share in these mini-Contempos.

We are very happy to announce the funding of four grants for our members; see below. And we hope to receive many student scholarship applications this year. Spread the word. They are due April 1.

2019 Grants Awarded
by Grants and Scholarship Committee (EEF)

The Committee is pleased to announce the funding of four grants for this year:

Brittany Johnson: Ditch the Diets: Using Instagram to Reduce Eating and Improve Body Image  Funded at $1,500.00

Gus Vouchilas: Biennial State Student Conference at San Francisco State University for April 2019. This project will help fund travel expenses for students from the South as well. Funded at $4,000.00

Amy Dorie: California Burning: Expressing Loss and Devastation through Textile and Apparel Design Funded at $500.00

Meegan Feori: Careers of Apparel Product Developers  Funded at $1,500.

Recipients will write a short article for the CA-AFCS CONTEMPO newsletter after completion of the project and/or present the project at the next state conference in San Diego in 2020. We look forward to results of these exciting projects.
Student Conference to be held in San Francisco April 12, 2019

SAVE THE DATE!

THE CALIFORNIA ASSOCIATION OF FAMILY & CONSUMER SCIENCES PRESENTS ITS BIENNIAL STUDENT CONFERENCE & EXHIBIT

TO BE HELD AT
SAN FRANCISCO STATE UNIVERSITY
ON
APRIL 12, 2019
10AM UNTIL 3PM

FREE TO STUDENTS!

Student submitted projects will be juried and PRIZE MONIES will be awarded to the top winners in the following categories:

APPAREL
FAMILY & CONSUMER SCIENCES
INTERIOR DESIGN
NUTRITION/DIETETICS

LOOK FOR DETAILS IN THE COMING MONTHS!
Plan to Come to the 2019 Student Conference in San Francisco

by Gus Vouchilas

The tradition of holding a Biennial California State Student Conference is alive and well! This conference is held on alternating years, between those of the professional State Conference. The 2017 Student conference was in Long Beach attended by many FCS students mainly from Southern CA but attended by some Northern CA student members and the association’s Board of Directions. If you haven’t viewed the video from that event, check it out at https://www.youtube.com/watch?v=2UieBiDy260

Planning

Planning has begun for the 2019 conference which promises to be a memorable one also. The Planning Committee is made up of both professionals and students in an effort to create the most inviting conference that we can. Students on the Committee are Ameera Taleb and Michael Martin (one of our scholarship recipients) and Vanessa Marlin (CA-AFCS Student Unit chair). Professionals are Gus Vouchilas, Amy Dorie, Gretchen George, and Nancy Rabolt from San Francisco State. The venue for the conference is the Events Room of the recently remodeled J. Paul Leonard Library at San Francisco State. The space is light and airy with an entire wall of glass that overlooks the main quad on campus.

Theme

The theme for this year's conference is "Giving Back through FCS." The Committee is planning a series of mini-talks from FCS professionals who are dedicated to enhancing community vitality, a key FCS Core Concept, and overall quality of life. The intent is to highlight methods, best practices, and varied approaches that are being used in the areas of apparel design & merchandising, family & consumer sciences, interior design, and nutrition. Giving back is a key aspect of life for the upcoming generation of FCS Professionals and will definitely provide a platform for discussion as well as student works.

Projects will be Judged for Prize Monies! And Travel Funds are available

Students from colleges and universities with FCS programs will be invited to submit projects that seek out creative approaches for 'giving back' within any of the content areas of FCS. The Planning Committee will be writing and forwarding the competition details soon so that instructors can include the content in their course curricula for spring. Substantial prize monies will be awarded to the students whose projects stand out, as based on jury selection. There are some travel funds available for Southern California students to attend. Look for details soon on how to apply.

No Cost for Attendees: Sponsored by the CA-AFCS Grants and Scholarship Committee

Students and professionals are all invited to attend. Admission is FREE to everyone and includes a light breakfast as well as lunch! In addition, the annual face-to-face Board of Directors Meeting will take place immediately following the student awards presentation.

This program is sponsored by CA-AFCS Grants and Scholarship Committee. Thanks to them for their support! Please plan to attend and support our students and the overall mission of CA-AFCS. It will be a conference to be remembered!

Questions? Contact gusv@sfsu.edu
Scholarship Applications due April 1, 2019

Reminder from the CA-AFCS Grants and Scholarship Committee that their scholarship applications are due April 1. (The FCCLA application is due March 1). All FCS and specialization majors in California are eligible.

The applications for both the state and district scholarships are on our website https://www.aafcs-ca.org/ca/eef-grant-info. The committee is looking forward to receiving many student applications. Please spread the word to faculty to announce to both undergraduate and graduate students.

District Scholarships

To download district scholarship applications go to: https://www.aafcs-ca.org/ca/scholarships-grants/district-scholarships-info/

Bay
$1500 Bay District scholarship and $1500 Marguerite Fenner scholarship (several given)
April 1, 2019 deadline. See website for criteria.

Los Angeles
Several scholarships from $500 to $1500 are available for FCS community college, 4-yr undergraduates, and graduate students in the Los Angeles area. See website for criteria.

North Central
Three $500 high school scholarships will be given. April 1, 2019 deadline. See website for criteria.

San Diego
San Diego District scholarships are offered through the San Diego Foundation. They are available as of December 5 and need to be completed and returned by the February 5, 2019 deadline. You can access the information and application by going to The San Diego Foundation, Scholarships, The Common Application. The Foundation has many scholarships available and has answers to questions you might have about the scholarships they offer. Some may be available for those living outside the District. So check it out.

CA-AFCS Director of Communications

The CA-AFCS Board of Directors approved a name change of Vice President for Communications to Director of Communications. This will be an appointed position (still to be filled) and is a bit different from the previous designation. Please contact Nancy at nrabolt@sfsu.edu if you are interested or have questions. The position comes with some funding and includes the following responsibilities:

- Solicit articles from members for the Contempo and serve as the publication’s editor.
- Generate social media posts germane to organization events, purview of expertise, and/or advocacy of the profession using platforms such as Twitter (@CAAFCS) and Facebook.
- Serve as the organization’s photographer and annually create a video of highlights after the student or the professional conference.
- Investigate new pathways to market the organization and its happenings to new audiences.
Congratulations to AAFCS past president Jacqueline Holland, CFCS-HDFS, who was recently inducted into the Hall of Fame at Havre de Grace High School, located in Havre de Grace, Maryland. During the ceremony Dr. Holland was awarded a citation from Senator Robert Cassilly of the Maryland General Assembly. Jointly sponsored by the high school’s Hall of Fame Committee and the school administration, this achievement has the dual purpose of recognizing the extraordinary accomplishments of those inducted while providing positive role models for current students, staff and the community.

**Upcoming AAFCS Webinars**

**Tuesday, January 15th - 4 PM EST**
Integrating Career Pathways into the FCS Classroom

**Wednesday, January 23rd - 4 PM EST**
Start Simple: NEW MyPlate Resources & Tools

**Tuesday, January 29th - 4:30 PM EST**
Teen Trends: Insights on Generation Z

**Wednesday, February 6th - 4 PM EST**
Transformational Play: Motivating Students through Game-Based Learning & Gamification

**Wednesday, February 27th - 4:30 PM EST**
Mindfulness Mapping

**Thursday, March 21st - 4 PM EST**
Become the Local Test Kitchen: Baking Science, Smart Snacks, Methods & Marketing

**Tuesday, April 16th - 4 PM EST**
Financial Wellness: How to Define It, Measure It, and Achieve It

Update on December 3, 2018 “Dine In”
Way to go CA-AFCS! As of December 4, AAFCS reports that up to 10,000 people in California participated in Dine-In on FCS Day December 3, 2018.
Calendar

**February 5, 2019**
Deadline San Diego District Scholarship

**March 1, 2019**
Deadline FCCLA Scholarship

**March 20, 2019**
Deadline Los Angeles District Scholarship

**April 1, 2019**
Deadline Bay District Scholarship
Deadline CA-AFCS FCS Student Teacher Scholarship
Deadline CA-AFCS Undergraduate & Graduate Scholarship
Deadline North Central District Scholarship

**April 12, 2019**
Student Conference, San Francisco State University

**June 23-25, 2019**
AAFCS Annual Meeting in St. Louis, MO

**April, 2020**
CA-AFCS Biennial Conference San Diego

Ask district leaders for more information on activities specific to your district!

[https://www.aafcs-ca.org/ca](https://www.aafcs-ca.org/ca)

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Students

**Facebook**
Keep up-to-date with the latest CA-AFCS happenings by friending us “AAFCS—California Affiliate”

**Scholarships**
Scholarship applications and information are available online at [https://www.aafcs-ca.org/ca/caafcs-eef-scholarship-info/](https://www.aafcs-ca.org/ca/caafcs-eef-scholarship-info/)
If you have any questions, contact the district scholarship representative.

**Professionals & Students on LinkedIn**
Just search for CA-AFCS to join. If you are not yet networked on LinkedIn, go to [www.linkedin.com](http://www.linkedin.com)