President’s Message

New Chapter for CA-AFCS

Hope you were able to attend the recent CA-AFCS Biennial Conference in Burbank. If not, some highlights are provided in this issue of the Contempo. The conference theme, “Growing FCS Professionals under the California Sun” was very appropriate with FCS pre-professionals taking on an especially visible role in the conference.

Special appreciation is expressed for such a wonderful conference to the tri-chairs: Dr. Diane Lewis-Goldstein, Dolores Robles, and Doris Barela-Fossen. A huge thanks is extended to Marilyn Sweirk (past AAFCS President), and Dr. Carolyn Barnhart (current AAFCS President) for energizing the program with your focus on growing the profession through professional involvement in AAFCS. Members of the Washington Affiliate of AAFCS also made a strong showing with Donna Graham and LynDee Lombardo promoting the AAFCS Annual Meeting in Bellevue Washington June 23-27, 2016.

As my term as CA-AFCS president comes to a close, I pause to reflect on this experience and the opportunity it provided to serve. Although we don’t get to write our own legacy, I hope mine will be about providing new opportunities for FCS pre-professionals through undergraduate research presentation opportunities and the student conference (held on alternate years to the professional conference). I was blessed to have presided with such a willing and conscious group of professionals. It truly was a team effort. It requires effort to be involved in a professional organization, but every ounce of that effort is rewarded with personal growth and/or sense of accomplishment. My experience in AAFCS has shaped me as a professional and as a member of my community. Thank you!

Dr. Jody L. Roubanis, CFCS
2014-2016 CA-AFCS President

www.aafcs-ca.org
Top Consumer Scams of 2015  Presenter: Mr. Pastor Herrera, Jr.

There were over 3.08 million complaints about scams last year. The most common complaints were: debt collectors, identity theft, imposter scams (pretend to be your grandchild, utility company or your bank, etc.), telephone and mobile services and prize sweepstakes and lotteries. Seniors are often targeted for prize scams as they think they are getting something for nothing.

Scammers contact their potential victims by phone 75% of the time. People have less time to think about the offer and may be pressured. Lots are “robocalls”. Solar energy scams are big in California. 8% of scams are by email. Internet websites account for another 6% and U.S. mail accounts for another 4%.

Of those scammed, 61% pay by wire transfer. 14% pay by credit card. Some credit card customers have some protection through their credit card company. Those who pay with a debit card have less or no protection.

How can you protect yourself? Don’t be pressured. Research the organization. Never give personnel information to unsolicited contacts. Don’t click on unknown emails. Call the business if you have questions and know the I.R.S. will not call you by phone if there is a problem with your taxes. Don’t be a victim, learn to say “NO”.

Provided By Amber Bradley
Jump Start: Current Community Partnerships and Resources for Financial Literacy Improvement Presenters: Ms. Karen Anderson, MBA and Ms. Lisa Ledeboer, CPFFE

Currently, half of retirees have less than $25,000 in savings. One third of adults carry credit card debt. The average American financial account is $5,900. 32% of Americans have no savings for retirement. Twenty percent of American families have no savings. 48% of American families do not have three months emergency savings fund.

One third of high school seniors have credit card debt. By the age of nineteen, 50% have credit card debt. Only 17% pay off the monthly balance. Three-fourths of teens can not decipher their pay stubs.

In the U.S., forty million students have student loan debt. 69% of college graduates have loans of averaging $30,000. California graduates have the second lowest average - $20,340. In the U.S., totals are highest in the northeast and lowest in the southwest. 50% of graduates put off life choices due to debt. 30% of monthly income is spent repaying debt.

One half of teens are eager to learn about money. 89% feel finances should be taught in school. College students with financial training do better in college. 42.5% don’t think student loan debt is a factor in their credit score. 65.1% don’t have credit cards in their own name (have cosigner). Of those who do, 72.1% don’t know their credit score. 19% thought a lower score was better.

Financial Literacy is needed. At the national level, a two year project has been developed to educate students. Websites for teachers are available (Money as you Learn and Money as you Grow. There are other sites as well. In states with classes before and after school changes were noted in financial behavior. It does make a difference.

California has had no requirement. State Assembly Bill 166 (by Hernandez) has passed and will require it to include curriculum on financial literacy, managing credit, student loans, consumer debt and identity theft. Sacramento is making dollars available to districts to teach financial literacy, but the districts will make the decisions on how to teach it.

One program on financial literacy, Jump Start, has been around for about 15 years. It has no cost materials, training for teachers and some offer volunteer after school programs. Currently, 60% of teachers surveyed do not feel confident to teach financial literacy. Jump Start information is available at jumpstartclearinghouse.org and cajumpstartclearinghouse.org. April is Financial Literacy Month. We need to be smarter in our financial decisions.
Prepare for a Disaster: 4 Steps to Organize Your Financial Records

Patti Wooten Swanson, PhD
Nutrition, Family and Consumer Science Advisor
University of California Cooperative Extension, San Diego County

How can you increase your ability to cope with and recover from a natural disaster? Take a few hours now to organize your legal and financial records—to build a Financial First Aid Kit.

Benefits:

- Reduces fear and anxiety before and during a disaster
- Allows you to keep your finances running smoothly after a disaster

If the worst happens, your Financial First Aid Kit will have the records needed to establish your identity, apply for aid, and start rebuilding your life.

Step 1: Gather up all your important legal and financial documents in one place.

Not sure what to include? Use this list as a starting point:

- Identification such as driver’s licenses, passports, and Social Security cards
- A photo of each family member
- Marriage and divorce papers
- Birth, adoption and/or naturalization records
- Important phone and email addresses
- Account numbers and passwords
- Credit cards and loans
- Tax returns
- Medical information
- Property records
- Estate planning documents

For a detailed checklist of legal and financial documents, see the Emergency Financial First Aid Kit that was developed by Operation HOPE and FEMA https://www.ready.gov/financial-preparedness

Step 2: Make copies of all documents.

Scan and save the copies to a USB flash drive or other portable device.
Or, photocopy the documents and put them in re-sealable plastic bags.

Step 3: Create a “Financial Grab and Go Box”.

Store the copies in a portable, secure, waterproof and fireproof container.
Put the container in an easy-to-reach place and make sure everyone in the household knows where it is.

Step 4: Back-up your system.

As recent event have shown, a disaster might destroy the place where personal financial records are stored. Protect yourself against this possibility. Give a copy of the records stored in your grab and go box to a trusted relative, friend or financial advisor outside the geographical area where you live.

Update the documents in your Financial First Aid Kit once a year. A good time to do this is just after you submit your income tax return. You’ll already have most of the updated information and/or any new documents (such as your current tax return) readily available.

Note:

It took me about 3 hours on a Saturday morning to complete Steps 1-4. If these steps seem somewhat overwhelming, complete just 1 step a month and you’ll be done before summer ends.

Or take one category of financial information—such as credit cards—and complete steps 1-3. Then next month do the same for another category, such as “property records”. Continue organizing one category of financial and legal documents each month until the job is done.

www.aafcs-ca.org
The first session I attended was Stress and Health: How to Reduce the Negative Impact of Stress with Proper Diet presented by Dr. Setareh Riasati. The presentation focused on the different hormones released during short term stress (epinephrine, norepinephrine) and during long term stress (cortisol). Dr. Riasati discussed the effects of these hormones on our bodies and how a proper diet can help alleviate the negative effects. Some of the foods presented include dark chocolate, walnuts, oranges and strawberries.

At the conference, they had four sessions, with three options to attend one of the sessions at each time slot. I loved this, because it gave us students the options to choose what we wanted to attend instead of having things being chosen for us. And I actually learned things at this conference because we got to pick which subjects we got to attend.

[One] session I attended was about the Body of Knowledge, which was a slide in one of the lessons we learned about in this class, which is why I chose it. The speaker explained the Body of Knowledge in more details, but also went through studies that her college (which was San Francisco University) did in her department to explain the Body of Knowledge further to her students and faculty. She explained that her FCS department is struggling, and they use the Body of Knowledge to explain and that it allows her department to grow, which I think is very cool and interesting. It was cool to see something we learned about online applied in real life.

The part that impacted me the most was the lunch speaker, Marilyn Swierk. She spoke about why she loves FCS the way that she does, and how it has impacted her life, and that’s how I feel about studying Hospitality. Her speech was very inspiring. She spoke about how once, someone told her to ‘go bake some cookies’, and that she took that back-handed comment and applied it into her profession. I feel the same way about Hospitality- that some look at us as just servers and guest services employees. But we make the magic happen because we have a passion for it, and that is how every FCS professional in that room felt as well. It was so awesome to go to something like this, all of the older FCS members were so happy to see us students there, because we are the future that is why the conference was titled ‘Growing FCS Professionals in the California Sun’. I am so happy that I attended this conference because I learned way more than fixing a resume or interviewing someone in my profession. It’s so important to look at other parts of the profession that effect your major, and this was a great way to reach out and try something new.

Valuable information was given at each of the workshops that were conducted through the conference. One of the sessions that I attended the speaker talked about stress and how having stress can be both positive and negative depending on the situation.…

Another workshop that I attended, the speaker mentioned the different aspect that students from immigrant families go through and how their emotions are affected due to type of environment that they are exposed to. For instance, students from immigrant families tend to attend low income societies which in some cases their education is less addressed compared if they attended in a different community were predominately is white.

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Monica C.

Hannah W.

Jorge C.

www.aafcs-ca.org
CA AFCS STUDENT COMPETITION

The first student competition came to a close at this year’s Biennial Conference in Burbank, California. Each of our winners received full airfare, hotel stay, and conference registration – all funded through the Extended Education Fund. The spirit of this competition was in reaching out to the hundreds of students who are currently enrolled in FCS programs throughout the state in an effort to highlight their talents, creative thought, and contributions to FCS while also capturing their interest in being involved with an organization that is dedicated to its members and is involved in furthering their interests as they seek to address quality of life issues.

This year’s undergraduate winner, Fiona Martin, shared her winning presentation, “Giving Every Child Breakfast” at the conference poster session alongside our graduate winner, Rhonda Campbell and her winning presentation entitled “Room With a View.” Each of their projects came together as a means through which to address the mission of AAFCS through renewed and timely concepts and approaches to solving specific problems that exist within our communities today.

We congratulate this year’s winners and we look forward to seeing our 2nd competition winners at the next CA AFCS Biennial Conference in San Francisco in the spring of 2018!

Reflections

I enjoyed attending this conference. The sessions were intriguing and all the speakers were visibly passionate about what they were presenting. Marilyn Swierk’s speech about the importance of Family and Consumer Sciences was very inspiring. I have a newfound sense of purpose after attending the conference and I feel like I can really make a difference in peoples’ lives by being a part of the nutrition field.

Through out the process in my educational career in the college of Family and Consumers Sciences with all the courses required to take in order to accomplish my academic goal, attending the CA-AFCS Biennial Conference as a class activity not only has brought to me the requirement to pass the class but also has provided me knowledge about the major I am studying as well as the significance that is being portrayed in our society.

……I could say that attending this conference was very beneficial for me and at the same time influential in my career pathway because it has allowed me see the different social problems in my community as well as the different health conditions that many individuals face in society which has encourage me to find a career where I can help individuals cope with the struggles of stress as well as overcome the negative impact of not having an equal opportunity for education. My goal is to help individuals and families within my career and by attending this conference I was able to obtain valuable sources to acquire my goal.

Attending the AAFCS Conference was a good decision for me. Not only was I able to gain insight about family and consumer sciences, but I was able to network with other students. The FCS major is filled with selfless individuals who care so much about the people around them. Even though hospitality management isn’t necessarily under the FCS umbrella, I have definitely gained useful knowledge from attending the conference. After I graduate and gain useful knowledge in the industry, I would like to come back to CSULB and become a professor of hospitality! It would be my own way of giving back to FCS and the major itself.
Join us in Bellevue!
Welcome to the AAFCS 107th Annual Conference & Expo website!

Registration is open! click here

Register Online

Come together with family and consumer sciences professionals across multiple practice settings and content areas to:

- Share research that helps professionals better understand the unique health and wellness needs of our diverse population.
- Learn strategies for delivering education that fosters the physical and emotional well-being of a variety of audiences.
- Discuss the newest and most effective ways to prevent obesity and support healthy lifestyles for individuals, families, and communities.

Check out the Program at a Glance. You may register for one day only if you prefer—however, please remember that the schedule is still subject to change.

You can learn more about the conference and registration here, or go ahead and register by clicking here and signing into MyAAFCS. Remember to sign in using your MyAAFCS login—if you are a member, it is your member portal login; if you are not a member, you may still have an account! Please use the "Forgot your password?" link to ensure that you do not create a duplicate account!

Be sure to make your reservation at the Hyatt Regency Bellevue on Seattle’s Eastside at the special conference rate—and book your shuttle to the hotel with Shuttle Express! And remember--the Pacific Northwest has a ton to offer! Check out our Local Attractions page and consider extending your stay!

The Washington Affiliate welcomes you...

Here’s the link to their video: https://www.youtube.com/watch?v=ecGYXti0A3Y
International Tea-less Tea Party
sponsored by IFHE-US Development Fund

Please join us for a very special evening with colleagues, students, and friends benefitting the IFHE-US Development Fund.

“Riding the Korean Wave: The Journey from Hermit Kingdom to the Seoul of East Asia”

Patrick Thomsen, University of Washington, PhD student, will discuss his research and experiences working in South Korea. He most recently was a research fellow with the East Asia Institute, a renowned international relations think-tank based in Seoul.

Wednesday, June 22, 2016
7:00 PM
Hyatt Regency Bellevue, WA
Cash bar available

1 PDU approved

Suggested tax deductible donation: $50-$100 cash or check (no credit cards).
All donations welcome. Bring a student and give a donation for them!

Proceeds are used for home economics related grants in developing countries. These have been given at each IFHE World Congress since 2004, and we plan to give three at the XXIII World Congress in Daejeon, Korea in August.

RSVP to svmcmanus@aol.com by June 10, 2016. Indicate if you need a PDU certificate.

If you cannot attend this event, consider a contribution to the IFHE-US Development Fund showing your support for this event. Mail to: IFHE-US, PO Box 2403, Holland, MI 49422-2403.

If you have questions, please contact Sharon McManus at (616) 546-3394 or svmcmanus@aol.com.

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Don't miss the launching of FCSfit!

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AAFCS 107th Annual Conference

Submit Articles!
Send them to our Contempo Editor
at articles@aafcs-ca.org

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The Fourth Annual “CSUN Public Policy Day 2016: Advocating for a Healthy and Sustainable Food Environment” was held on Monday, April 11th at California State University, Northridge. Approximately 200 students, professionals and community members learned how citizens, local health departments, community organizations, and policymakers collaborate to enhance our public’s health at this free event.

The day offered nutrition advocacy panels and workshops featuring representatives from the Los Angeles community, including the Los Angeles County Department of Public Health, Los Angeles Food Policy Council, California Academy of Nutrition & Dietetics, the Public Health Institute and the Hunger Action Alliance Coalition, as well as CSUN’s own Institute for Community Health and Wellbeing, the Oviatt Library and the CAMINO project, a federally funded effort to create pathways to healthcare careers for low-income, first-generation Latino students.

The event featured several food policy leaders, including CSUN student leaders. Angie Tagtow, the executive director of the United States Department of Agriculture’s Center for Nutrition Policy & Promotion visited from Washington DC to provide a keynote address on the role of science in developing the 2015-2020 Dietary Guidelines for Americans and how the Guidelines and key recommendations are put into action for consumers. CSUN faculty spoke about the role research plays in the evaluation of public policy. There was a live cooking demonstration co-sponsored by CSUN Campus Dining. Dietetics students shared their experiences visiting the state capitol and meeting with legislators last month. They also helped facilitate a breakout session on how to engage with local, state or national representatives on issues of food and health.

We hope that exposure to public policy issues will help all students and professionals, not just those interested in nutrition or health as a career choice, feel more empowered.

To learn more about the MMC, please visit http://www.csun.edu/marilyn-magaram-center

Angie Tagtow, MS, RD, LD
Executive Director, USDA Center for Nutrition Policy & Promotion

Healthy eating is one of the most powerful tools at our disposal to reduce the onset of disease and decrease how much we spend on healthcare. This talk will highlight the role of science in developing the 2015-2020 Dietary Guidelines for Americans and how the Guidelines and key recommendations are put into action for consumers. Specifically, the new ‘MyPlate, My Wins’ campaign builds the building blocks - including innovative online tools and inspiring resources - to create healthy eating solutions for consumers across the country. Come to the table! Everyone has a role to play in encouraging easy, accessible, and affordable ways to support healthy eating at home, schools, workplaces and our communities.

EVENT HOSTS: CSUN’s Dietetic Internship Program, Marilyn Magaram Center, Oviatt Library, The Institute for Community Health & Wellbeing, Los Angeles County Department of Public Health, California Academy of Nutrition and Dietetics - Los Angeles District

www.aafcs-ca.org
Congratulations to Annette Besnilian for her work funded by an EEF grant in 2014.

Nearly half of California adults have prediabetes or diabetes, and one-third of young adults are at risk of becoming diabetic. Additionally, one out of three Americans - one in five children - are obese. America’s processed food environment has been targeted as a leading contributor to this growing epidemic of diet-related diseases. In fact, researchers suggest that more than half of what Americans eat is ‘ultra-processed’ with excess added sugar.

One out of every 7 Americans live with food insecurity in a nation where over 40% of the food produced is wasted. And current food production practices in U.S. agriculture contribute significantly to increased levels of carbon dioxide in our atmosphere, which is leading to larger variability in weather patterns – including drought and flooding – making agriculture production challenging and posing further threat to our nation’s food security.

If Dietetics is Your Profession, Public Policy is Your Business (White & Hughes, 2001)
Generous donations from past state and district presidents of the California Home Economics Association (now recognized as California Association of Family and Consumer Sciences) provided the initial $10,000 allotment for the EEF. Over the years the Fund has increase due to the continued donations from members of our profession.

The primary purpose of the EEF are to provide scholarships and grants for educational pursuits, research projects critical to the advancement of the profession within the state, and the expansion of members professional knowledge through various outlets such as presenting at conferences, conducting seminars, workshops, developmental activities, and newsletter communications.

The EEF Treasurer along with the help of the EEF Committee oversee the management of the Fund with two goals in mind. The first is to secure and wisely invest ongoing donations from CA-AFCS members and friends so that funding resources might be available for professional activities. The second goal is to ensure that the availability of these funds are communicated to students and CA-AFCS members on a yearly basis.

**EEF Scholarships**

Each year a number of scholarships are awarded to high school seniors, undergraduates, student teachers, and graduate students of state Family and Consumer Sciences programs. Scholarship amounts of $1,000 to $1,500 have been awarded in the past.

**EEF Grants**

Every other year grants are awarded to CA-AFCS professional members to help undertake significant research projects, develop new programs, disseminate critical information through seminars, conferences, webinars, professional meetings, and, expand the visibility of our profession. Currently proposals are funded in an amount not to exceed $5,000 for projects to be completed over a two-year time period.

**EEF Donations**

Regular contributions to the CA-AFCS Extended Education Fund keep the FCS profession alive within the state of California. With additional contributions, the number and amounts of scholarships can be increased. More students can be served and they will be better able to meet the rising costs of education across the state. Endowments in the form of significant contributions to the Fund also are necessary to enable our professionals to be on the cutting edge and engage in activities that are relevant and responsive to various California initiatives and community needs.

Contributions are usually tax deductible and donations can be made in many ways. Amounts, for example, can be large or small. Contributions can be made periodically throughout the year or as a one-time sum at any point in the year, providing tax advantages in both cases. In addition, designated estate gifts are accepted. It is now possible to provide donations from IRA’s through The Protecting Americans Against Tax Hikes Act of 2015. Consultation with a trusted tax advisor is recommended with the last two options.

For more details about EEF Scholarships and Grants please visit our website at http://www.aafcs-ca.org/ca/scholarships-grants
SUPPORT

SCHOLARSHIPS FOR STUDENTS AND GRANTS FOR OUR PROFESSIONALS.

MAKE A CONTRIBUTION TO THE CA-AFCS EXTENDED EDUCATION FUND TODAY!

If you would like to help, we encourage you to let us know by completing the Giving Form provided, then detach the form by cutting along the dotted line and mail it to the EEF Treasurer along with payment as appropriate. You will receive confirmation of your donation and CA-AFCS’s sincerest gratitude for enabling the Fund to have a greater influence in the future.

Cut along dotted line and return

http://www.aafcs-ca.org/ca/scholarships-grants
Delta College renamed its Child Development Center (CDC) in honor of the late Dr. Hazel Hill (1949 - 2015) with a special ceremony on Friday, April 1, 4:30 p.m. at the CDC. Dr. Hill spearheaded the creation & construction of the Center, leaving an indelible legacy for the college.

Dr. Hill had a distinguished 35 year career at San Joaquin Delta College before retiring in 2011 as Dean of Career Technical Education and Workforce Development.

A tireless advocate for vocational education, one of Dr. Hill's goals was to create a Child Development Center that would assist parents as they worked to attain their academic and career goals at Delta College. Early on, Dr. Hill realized that a major stumbling block for many students was a lack of childcare. Delta's center would provide full-time quality "educare" for the children of students and staff.

Hazel Hill's initial attempts to build a center met with a brick wall, but her determination never wavered. Eventually, new Chancellor's Office funding for such facilities teamed with Hazel's devotion to the project. Her vision became a reality on January 12, 1994; Delta College opened the doors to its new $1.5 million dollar Child Care Center to toddlers and preschoolers.

Since 1994, Delta's Child Development Center has provided quality care and educational services to eligible children, with a priority given to Delta students and staff. The Center is licensed to provide services to 192 children, 18 months to 5 years of age. Parents or guardians qualify for services by family income and must be working, going to school, or in a job training program. The Center also provides a working laboratory for students interested in careers in early childhood development, nursing and other disciplines.

Among numerous accolades and accomplishments, in 2006, Dr. Hill was named the recipient of the Athena Award, presented by the Greater Stockton Chamber of Commerce. This prestigious honor recognizes local women for their professional accomplishments, community service, and role in helping other women attain success. The award also celebrates women that help foster business in our community.

Dr. Hill was known as the face of Delta College to the business community. She was a passionate leader in forming working relationships between Delta College, district stakeholders and local businesses. Delta College honors Dr. Hazel Hill as a woman of vision - a true trailblazer.

Hazel Hill's colleagues acknowledge the tremendous difference her efforts made in the lives of local students who sought career vocational training opportunities and support. Those efforts will continue to bare fruit long into the future. "I enjoy most being a positive role model for folks, showing them they can do it, then providing the tools and encouragement," Hill said in 2006. Simply, Hazel Hill's ultimate goal was always "Student success!" Hazel's dreams indeed became reality.

For more information about the Hazel Hill Child Development Center, call 209-954-5700, or visit the CDC Website.

https://www.deltacollege.edu/dept/publicinfo/prel/2016/HazelHillCDC.html
www.aafcs-ca.org
Jean Baxter
1/15/1937-2/3/2016

Jean Elizabeth Baxter of Granite Bay, California, died Wednesday, February 3, of cancer at the age of 79. Born Jean Elizabeth Partridge on January 15, 1937 in Brentwood, California, she attended Liberty Union High School and San Jose State University, where she got her teaching credential in Home Economics. Jean went on to earn a master’s degree from San Francisco State University. In 1970, Jean married Ron Baxter, who died in 2014. Jean taught Home Economics and Careers for 35 years in the San Juan School District. After her retirement from teaching, she co-owned a catering business for eight years and then went on to work for another 20 years for Howell’s Sewing in Auburn, where she taught classes in a variety of advanced sewing techniques. She worked, taught, and continued to educate herself until shortly before her death.

Jean was active in a variety of organizations, many of them philanthropic. She loved travelling, sewing, cooking, camping, birding, teaching, and learning. Above all, she gave of herself. Jean is survived by her brother, Jim Partridge of Henderson, Nevada, loving step-children, grandchildren and great-grandchildren, nieces, nephews, and grand- nephews, and many very dear friends. She will be deeply missed. A Celebration of Life was held on Sunday, February 28, from 2 to 5 p.m. at the Ridge Golf Course at 2020 Golf Course Road in Auburn.

Published in Gold Country Media Newspapers on Feb. 12, 2016

On behalf of the tri-chairs for the 2016 CA-AFCS Conference: Growing Professionals in the California Sun: People, Purpose, and Passion we would like to thank all of our speakers, participants, and volunteers.

We were extremely glad to have student representatives from all areas of the state, knowing that they are our future. All of us need to remember to explain the importance of our organization to others, especially students. Financial support from the various districts really helps students in these trying economic times.

We appreciated the kind words that many of you spoke to us at the conclusion of the Conference! We are looking forward to seeing many of you again at the 2018 Conference in Northern California—and perhaps some of you in Washington State in June.

Sincerely,
The “3-Ds”
Diane Lewis-Goldstein, Ph.D., CFCS
Doris Barela-Fossen, M.S.
Dolores Robles, M.A.
Introducing your
2016/17 CA-AFCS Slate of Candidates

The election will be by Survey Monkey unless you receive Contempo via US mail.
Look for your ballot and vote no later than May 6, 2016

For Vice President of Programs: Nancy Rabolt, PhD, Bay District
For Secretary: Dolores Robles, Los Angeles Metro District
For Extended Education Fund Board (EEF): Sue Chelini, Bay District
For Nominating Committee: Melissa Webb, CDE, North Central District

Thank You!
Ballot

2016/17 CA-AFCS Officer Ballot

Mark your ballot and return it to:

by May 6, 2016

Do not include your name or address on the return envelope.

Thank you for voting!

For Vice President of Programs: (vote for 1)
Nancy Rabolt, PhD, Bay District
Write in candidate ________________________________

For Secretary (vote for 1)
Dolores Robles, Los Angeles Metro District
Write in candidate ________________________________

For Extended Education Fund Board (EEF) (vote for 1)
Sue Chelini, Bay District
Write in candidate ________________________________

For Nominating Committee (vote for 1)
Melissa Webb, CDE, North Central District
Write in candidate ________________________________

MAIL TO:
Lisa Ledeboer
130 E Sycamore Ave
Arcadia CA 91006

www.aafcs-ca.org
the sacramento food policy council and the food and nutrition club at sacramento state present:

FEEDING OUR FUTURE
first ever school food forum

May 2, 2016

University Union Redwood Room
9 a.m. - 4 p.m.

A gathering of professionals in the K-12 school system, students, and policy makers to discuss current topics in food, food practices, and food policy that affect our local school environment, and to share ideas to help Feed Our Future.

Volunteer:

Poster Session:

Attend:
school-food-forum.eventbrite.com

www.aafcs-ca.org
Calendar

July 15, 2016
Deadline for Contempo newsletter articles

June 22-25, 2016
107th AAFCS Annual Meeting in Bellevue, Washington

View our complete calendar online at www.aafcs-ca.org/ca/calendar/
Ask district leaders for more information on activities specific to your district!

Students

Facebook
Keep up-to-date with the latest CA-AFCS happenings by friending us “AAFCS—California Affiliate”

Professionals & Students on LinkedIn
Just search for CA-AFCS to join. If you are not yet networked on LinkedIn, go to www.linkedin.com.

Twitter
Tap into #morefcs to follow tweets from President Jody Roubanis.

Still Receiving Paper Contempo Copies and Want to Vote On-Line?

Please contact the Contempo Editor at articles@aafcs-ca.org. In the Subject line of your e-mail, please type ADD TO ELECTRONIC VOTING. In your e-mail, please write in your e-mail address twice to ensure that the correct address will be entered into our system.

Visit us online at www.aafcs-ca.org