President’s Message

I hope this issue of the Contempo finds you all in good health having enjoyed the holidays. 2013 is already flying by and hopefully you have been able to spend some time with your professional colleagues networking, upgrading professional skills and having fun together.

Our state Board of Directors meeting is scheduled to be held on Saturday, March 16th at the California State University San Francisco from 9:00 am to 3:00 pm. This meeting will be at the site of our biennial conference in 2014 so district presidents, committee chairs and your executive officers will get to see the facilities as part of the board meeting. Dr. Gus Vouchilas (CA-AFCS VP of Programs) and his committee have already been busy organizing our 2014 conference. If you are not serving on the board, but wish to join us, please contact Nancy Beland, our state secretary, at nancy.beland@cbnorcal.com, so we can send you the call to the meeting and add you to the lunch count for Saturday March 16th.

Speaking of serving on the board, we will be holding elections for the state board this spring and are looking for a Vice President of Communications, Treasurer, EEF Committee member and Nominating Committee member. Maybe you have been too busy in the past and now have some time and talents you could share with our professional organization. If you have any questions or if you would be willing to serve on the state board, please contact Nominating Committee Chair, Dolores Robles at Dolores.Robles@csulb.edu.

The elections for AAFCS are currently open. Please take time to read about the candidates and vote. Selecting strong candidates will help our professional association to grow and strengthen our future.

Since we do not have a state conference this year, I hope you will consider going to the AAFCS Conference in Houston, Texas from June 26-29th. Barbara Kilborn, our past state president, is serving on the committee for this conference. The program and registration information are available at the AAFCS website www.aafcs.org. The theme this year is “Embracing and Managing Change Through Family& Consumer Sciences“. Check out the registration site as soon as possible as early bird registration will save you money.

This year at AAFCS in Houston three of our members will be honored at the conference and Pacesetter Dinner as fifty year members. They are twins, Caryl Gonzales and Sharyl Heavin and our state treasurer, Shirley Vernon.

Continued on page 4
Personal Reflections of Dr. Kay Wilder

by Susan DeCristofaro Rogers

Dr. Kay Wilder has served Point Loma Nazarene University, Department of Family and Consumer Sciences for thirty-two years. She has been Department Chair for twenty-five of those years. I have had the great privilege of being both her student and eventually her colleague. What she has taught me in both roles is insurmountable and words seem inadequate.

Dr. Wilder’s first year as a faculty member at Point Loma Nazarene University was my freshman year. I will never forget the first time I met her. She made me feel welcomed, important and capable. Her passion and love for family and consumer sciences radiated from her every breath. It was clear to me that her mission was to make a difference in the lives of her students at the deepest level. I knew as a student her office was always open to discuss dreams, problems, and a plan of how to serve and make a difference in this world. Kay looked at her teaching as a mission, a mission to serve Christ and make a difference in the lives of individuals, families and the community. I can honestly say that in the thirty-two years that I have observed her, her passion and her mission has never wavered.

The deep respect that so many of us have for Kay Wilder doesn’t simply have to do with her ability to teach and her strong leadership skills, but includes something equally important. As a student, I watched Kay apply the theory I was learning to her own child in the importance of meeting children’s needs socially, emotionally and cognitively to help them grow to be secure, independent, well balanced adults. I watched Kay, as a single mom, make her precious daughter a priority. I was able to observe how she balanced teaching, completing her doctorate and mothering. Her daughter Anne always knew that she was the most important thing. Anne grew up to be a beautiful, educated, competent adult who is an outstanding wife and mother of two beautiful children. That lesson to me and so many other students has greatly impacted how we approach our families.

Dr. Wilder has equipped her students with breadth, depth, and methods in practical application to complex theories. One of the gifts that Kay has also given her students over these many years is teaching and modeling them to be professionals. This includes how to dress, how to talk, how to interact, how to interview and how to be an ethical Christian professional. She has helped them document their successes in beautifully designed portfolios. These students stand out in the work force and they have Dr. Kay Wilder to thank for that. Dr. Wilder is a beautiful example of a life well lived. Her service and mission to her students has impacted the lives of ten thousands of students at Point Loma and thousands before Kay joined Point Loma Nazarene University. I would like to use this opportunity to be the voice of one of the thousands of students serving in the United States and abroad that she has influenced to say “thank you”. Thank you, Dr. Wilder for dedicating your life and impacting ours. In so doing we have been able to impact the lives of individuals, families and the community. We will forever be grateful.

See page 6 for more about Kay Wilder

Celebrate Dr. Wilder’s Retirement: April 26, 2013

After 33 professional presentations, 20,000 students, and 45 years of teaching Dr. Kay Wilder is retiring from a fabulous career in FCS. Save Friday April 26th from 3:00-6:00PM to honor Dr. Kay Wilder’s retirement. The San Diego District of CA-AFCS and the Point Loma Nazarene University Department of Family & Consumer are hosting a tea – High Tea Style – for colleagues, family and friends to celebrate with Dr. Wilder the closing of her 32 years with us in California. The event will be held at the Fermanian Conference Room on the campus of PLNU – 3900 Lomaland Drive, San Diego 92106. For more information contact Susan Rogers at SusanRogers@pointloma.edu.
CA-AFCS Extended Education Grants:  
Due April 1

Do you have an idea for a seminar, conference, workshop, research project or developmental activity related to the purposes and program of work of the CA-AFCS? Each year the Extended Education Fund (EEF) is made available for small grants to support such activities. Awards are up to $5000 with consideration for larger amounts. Grants are competitive and are selected by members of the Board of Trustees.

The due date for applications is April 1, 2013. The application form may be accessed at AAFCS-CA.org. Recipients are required to give an oral presentation at the next CA-AFCS conference, and write a one-page article for CA-AFCS Contempo newsletter.

The EEF was created to promote the profession of Family and Consumer Sciences in California. Administration of EEF is by an elected Board of Trustees. Current members of the board are Dr. Betty Knopf, Dr. Zoe Engstrom, Bonnye Whamond and Dr. Bonnie Rader (chair). EEF is financed through donations, bequests and memorials. Monies are invested in growth funds held separately from CA-AFCS general funds.

For answers to questions concerning the EEF or for further information, please contact Bonnie Rader at brbonnierader@gmail.com or Cell: 562-508-5714. To review the projects of previous EEF grant recipients go to AAFCS-CA.org and click on Contempo.

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FCS Leadership Takes the Fear Out of Investing: Smart Investing @ Your Library

Barbara O’Neill, Rutgers Cooperative Extension

While FCS professionals and Cooperative Extension has expertise in financial literacy, it can be a challenge to engage the public and help them gain the knowledge to make them better consumers. A great opportunity is occurring for FCS academics, Cooperative Extension and non-profits in the financial field as many libraries are receiving funding to provide financial education for patrons and/or staff. Libraries are prohibited or discouraged from using professional financial services as speakers.

Why use libraries as financial educators? Libraries have an aura of trust, the environment is not overwhelming, have internet access, free/low cost services, referrals, and personal assistance/help are available.

Benefits for FCS educators and Cooperative Extension include access to new audiences, “low maintenance” programs, grant subcontractor funding, form community partnerships, access the underserved and provide information for today’s needs.

Benefits for the libraries include improved expertise, ability to handle increased requests from patrons, better use of information, resources and materials, improve and enhance credibility in community, increase use of services by patrons and funding opportunities. Librarians increase their knowledge, are more confident as they have a greater understanding of resources as staff training is provided.

Rutgers Cooperative Extension has create core workshops on Banking, Credit and Retirement. Elective workshops on Credit 2, Investing 1 and 2, Living on the Financial Edge, Paying for College, Identity Theft, Taxes and Insurance have also been created and are now being introduced in the New York Public Library system under the program title: Money Matters. A third party is helping in evaluating the program and Money Matters is expected to be available worldwide this year (2013).

Amber Bradley compiled the above article from a presentation at the 2012 AAFCS Annual Meeting.
President’s Message

Congratulations to these dedicated members who have been very positive role models for our association with their hard work and professionalism.

Many of you reading this have been long time members of FCS, our umbrella organization for the many different subject areas that fall under FCS heading. We have a lot to offer new professionals in FCS. Are you working with a younger professional who is not a member of our group? Please consider encouraging them to join AAFCS. Our professional organization will help them to keep up-to-date, network with other professionals, and find a support group as they pursue the FCS career. We need to encourage new professionals to join us and become active members supporting our goals in FCS. Applications for membership can be downloaded from the AAFCS website.

As spring is fast approaching, I hope you all have a new “spring” in your step and that your wishes “bloom” into fulfillment that brings you happiness.

Connecting Higher Ed Leaders in Northern California

On Friday May 17, 2013 from 10:00am—2:00pm at California State University Sacramento a meeting is will be held with the goal of promoting stronger partnerships and better understanding between FCS professionals in higher education, secondary Home Economics leaders, and CA-AFCS members.

The program includes a venue to discuss your program and opportunities to collaborate with other program leaders. Speakers include leaders from AAFCS, California Community Colleges, and California Department of Education.

With a grant from the CA-AFCS Extended Education Fund, support from the North Central District of CA-AFCS and location at CSU Sacramento, Barbara Kilborn is providing the leadership for this regional meeting and luncheon. She is in the process of securing representation from a variety of institutions of higher education including:

- American River College
- Butte College
- CSU at Chico
- CSU at Sacramento
- Consumnes River College
- Folsom College
- Modesto City College
- Sacramento City College
- San Joaquin Delta College
- Shasta College
- Sierra College
- Solano College
- UC Davis
- UC Merced
- Yuba College

The meeting schedule follows.

- 10:00am: Check-in at FCS Dept. on CSU Sacramento campus
- 10:30am: Speakers
- 12:00pm: Lunch for pre-registered participants
- 2:45pm: Round Table Discussions
- 2:00pm: Conclude

By Friday May 10th RSVP to Barbara Kilborn at 530/268-7330 or bkilborn@foothill.net. There is no cost to the participant to attend this event, and lunch will be provided.
Do you have some artifacts from your CA-AFCS district’s history? Photos, directories, and conference programs are all artifacts that document our history. Contact your district president or history liaison, if you have any artifacts that document the history of our organization and its work. As an example our work, see the picture below which is archived at Cornell at http://hearth.library.cornell.edu.

District Contacts:
- Bay-Mary Gilliland
- Citrus-Bonnie Farmer
- North Central-Marcia Goodrich
- Los Angeles-Doris Barela-Fossen
- San Diego-Sharon McKenzie
- Central Coast-Caryl Gonzales

Bonnie Rader recently provided several historical documents about the formation of CA-AFCS (formerly CHEA) and Orange County district of CA-AFCS meetings between 1971 and 1995 (including the picture above).

One of the documents supplied is a report submitted in March of 1953 by CHEA Historian Agnes G. Barry titled *The History of the California Home Economics Association, Incorporated*. In the report Mrs. Barry discusses a conference that was held in 1921 at the Hotel Tegeler where “women decided that the South and the North of this 1000-mile-long state of California should organize” to cooperate with the American Home Economics Association.

She states that Miss Essie L. Elliott was elected the first president, and Miss Orabel Chilton the first Secretary-Treasurer.

With a focus of bring like minded professional together, the 1921 conference held at Hotel Tegeler was California’s version of the national Lake Placid Conferences held between 1899-1908.

For more information about the collection of CA-AFCS historical artifacts and documents contact Amber Bradley at amberebradley@yahoo.com.
A Few More Words about Kay Wilder’s Retirement

For many AAFCS members, Kay Wilder is one of the first persons who comes to mind when thinking about California-AAFCS. A few of leadership roles she has held within AAFCS include: AAFCS Director-at-Large 2006-2009, CA-AFCS President 2000-2002, and San Diego District President 1991-1993.

For over 32 years in California, Dr. Wilder has been working her magic with students, faculty, and professionals. During this time, she has distinguished herself as a prominent member of the Point Loma Nazarene University faculty and administration. She is the chair of the Department of Family and Consumer Sciences, and teaches a variety of classes in the department. Dr. Bob Brower, PLNU President, recognized Dr. Wilder’s outstanding contributions to the university and community, and said:

Dr. Kay Wilder has distinguished herself at PLNU through her capacity to strengthen her department through continuous improvement, hold high expectations for her students, and engage fully with the university and local community. Personally, Dr. Wilder is a good friend whose encouragement and perspective I continue to value. I will miss her involvement at PLNU but I know she is looking forward to spending much more time with her grandchildren and I’m sure she’ll find many opportunities to be involved in a busy retirement.

It is through her collaborative roles at PLNU that she opened the way for PLNU to host the 2012 Biennial CA-AFCS Conference titled: Community Involvement through Family and Consumer Sciences. Beyond the PLNU community in San Diego, Dr. Wilder has served in an active role on the board for the San Diego Rescue Mission since 1996. She was awarded the prestigious Community Leaders Award by the Administrators Association of San Diego City Schools in both 1998 and 2002.

More on page 2 about Kay Wilder’s Retirement and celebration.

Notes from the Treasurer - As of January 31, 2013

Shirley Vernon, CA-AFCS Treasurer

Taxes were filed on time. They are available on our website or by contacting the Treasurer. Total Assets at the end of the fiscal year, May 31, 2012 are:

- Parent & EEF $330,639.00
- Group (Districts) $179,688.00

Current Balance of Parent as of Nov 30, 2012:

- Checking $20,497.58
- Savings $12,713.84

Dues checks to districts were sent in January. The Subordinates (districts) have been granted tax-exempt status from the California Franchise Tax Board. The district treasurers have been sent this number.

I have complied and submitted the Group Rulings Questionnaire from the IRS. This was a compliance check of our organization as part of the IRS ongoing effort to increase voluntary compliance by tax-exempt organizations.” This involved a telephone call with Barbara Kilborn, past president, and a visit with the accountant to help fill out the questionnaire. It was a learning experience for me and all the requirements we must meet to retain our tax-exempt status. Some related issues will be addressed at the upcoming Board of Directors meeting in March.
Remembering Dr. Gwen Cook: 1927-2013
by Amber E. Bradley CA-AFCS President

Gwen Cooke, long time California Affiliate of AAFCS member died peacefully at home at the age of 85 in Bellingham, Washington on January 30th. After being diagnosed with pancreatic cancer, her focus was on helping her family and friends as well as enjoying each day to the fullest.

Gwen (Gwenzora) was born in West Jefferson, Ohio and earned her B.S, M.S. and Ph.D. degrees from Ohio State University. While attending Ohio State University, she met and later married her beloved husband, Jim, in 1947. They celebrated their 65th wedding anniversary last June. They have two sons and two daughters, four grandchildren and one great grand child.

While earning her master and doctoral degrees at Ohio State University, Gwen was Professor of the Department of Home Economics at Ashland College in Ohio and served as interim Head. Gwen devoted her career to the field of education. In 1973 Gwen and Jim moved to California where she was Chair of the Department of Home Economics at California State University Fresno. Later, Gwen was Director of the School of Family Studies and Consumer Sciences at San Diego State University. She retired From SDSU as Professor Emeritus in 1992 after serving 35 years in education.

Gwen was National President of Omicron Nu Honor Society, President of the National Council if Administrators of Home Economics, President of the California Home Economics Association, and Vice President of the American Home Economics Association. In these positions she was a mentor and role model for countless students and colleagues who valued her support, enthusiasm and caring ways.

Throughout her career, Gwen won a number of awards and honors. She was selected as an Outstanding Woman in Education by Alpha Delta Kappa and one of the 100 people who made major contributions to the home economics profession in the College of Human Ecology at Ohio State University. Gwen was a founding member at San Diego State University of the Delta Chapter of Phi Beta Delta, an honor society for international students. During her extensive career, she had many publications and served as the review editor in her field of study. Gwen was the recipient and principal investigator for research grants and wrote articles for major national publications. Gwen’s legacy reflects the life of a woman who generously gave of her talents, loved her family, enjoyed deep friendships and lived an energetic life full of gratitude for all she had been given. For a fuller biography about Dr. Cook go to: westfordfuneralhome.com/gwenzora-gwen-c-cooke/

Our thanks go to Jim Cooke, daughter-in-law Cathie Cooke, and Dr. Joan Martin for sharing information for this article.

Shirley Rowley passed away on Tuesday September 25th 2012. She was a long time teacher at San Diego High School and a member of the California Association of Family and Consumer Sciences. Shirley’s memorial service was on October 20th at Covenant Presbyterian Church. This information was provided by Jenne Hill.

Carolyn Ketterer (Past President of AHEA SD 1980-1981) passed away on February 6, 2013 after a nine month battle with cancer. Is was the President of the San Diego District of CA-AFCS from 1980 to 1981. Her service was held Monday, Feb 25, 2013 at Our Redeemer Lutheran Church in San Diego. She is survived by her son Brian Ketterer, his wife and 2 grandchildren as well as her brother. Condolences can be sent to Brian Ketterer at 28095 Via Magia, Carlsbad, CA 92010. This information was provided by Judy Silver.

Peg Hollenbeck has passed away. Services for Peg will be March 2nd at 2:00 pm at Pacific Beach Presbyterian Church at 1675 Garnet Avenue in San Diego, 92109. The church phone number is 858/273-9312. This information was provided by Sue Walters.

www.aafcs-ca.org
Calendar

**March 9, 2013**
Deadline for North & North Central Scholarship

**March 15-16, 2013**
CA-AFCS State Board of Directors Meeting at SFSU

**March 23, 2013**
Deadline for Los Angeles District Scholarship

**April 1, 2013**
Deadline Bay District Scholarship
Deadline EEF FCS/HEC Student Teacher Scholarship
Deadline EEF Undergraduate & Graduate Scholarships
Deadline EEF Grant

**April 15, 2013**
Deadline FHA/HERO Scholarship

**June 26-29, 2013**
AAFCS Annual Meeting in Houston Texas

Students

**Scholarships**

More current scholarship information is available online. If you have any questions, contact the district scholarship representative.

**Professionals & Students on LinkedIn**

Just search for CA-AFCS to join. If you are not yet networked on LinkedIn, go to www.linkedin.com.

Visit us online at www.aafcs-ca.org

View our complete calendar online at www.aafcs-ca.org/ca/calendar/

Ask district leaders for more information on activities specific to your district!