President’s Message

WOW what a great time we had at the conference in San Diego. The Tri-chairs and San Diego District really know how to put on a wonderful show and include a sunset and an ocean view at no extra cost. Thank you Dr. Kay Wilder, Susan Walters and Sharon McKenzie (VP Programs) for you leadership and dedicated efforts.

In the past, our biennial conferences have attracted almost 20% of members, this year we had more than 30%. There was a good showing of students, working professionals and retirees present. We actually looked a lot like the demographics of our state association, which I addressed during my talk during lunch.

With the passing of Caryn Armitage last March, my friend and former student, Nancy Beland has stepped in to help with the secretary’s duties. Much of this membership information is what we have worked to gather together. She has been able to work with national so that our information is up to date and accurate. With the changing in district boundaries two years ago, it has taken forever to have them straighten out with our state records.

I want to sincerely thank my awesome officers who have worked so hard to keep our association strong. Shirley Vernon has served as our Treasurer for over seven years (this time) and continues to serve in that role for Bay District. She has done a great job working to keep us current with the IRS, insurance issue and other frustrating cost issue. She still will serve us for another year and I applaud her generous spirit for giving us her time and energy.

Jody Roubanis, stepped up this past year to take on the complex job of VP Communications and has done a fabulous job. There is a steep learning curve for the production of our Contempo newsletter, AND maintaining our website. You probably have noticed the numerous emails that have been sent to notify us of timely items you need to know about. She has worked closely with our former VP, Corrine Thomas, who brought us in to the proper technology for CA-AFCS with her expertise. THANK YOU both for keeping us current.

Since Allen Martin’s death last May, Los Angeles District and our Grants and Scholarship Committee (EEF) have scrambled to have everything working appropriately too. Thanks to Doris Barela-Fossen and the LA Metro District who have worked to incorporate members from South Coast district, that was dissolved about 5 years ago. Bonnie Rader stepped in to take over the chair

Continued on page 4
Kudos Goes to Legoland

I’m not talking about the snack bars, although it could have been the case. Legoland California Resorts needs to be recognized for supporting training in an area that is near and dear to every Family & Consumer Science professional.

What am I talking about? In late January, Legoland California Resorts hosted an EXPO, in partnership with Junior First Lego League, where school age children from all over California (grades K-3; ages 6-9) came together to demonstrate their knowledge on essential Food Safety principles related to their favorite snacks using LEGOs and robotics.

The EXPO was part of this year’s FOOD FACTOR Challenge set forth by inventor Dean Kamen’s not-for-profit organization FIRST (For Inspiration and Recognition of Science and Technology) based out of Manchester, New Hampshire. According to a September 6, 2011 news release, this year’s themed challenge was selected in alliance with the National Restaurant Association’s National Food Safety Education Month, an annual September campaign that highlights food safety tips and practices from the Association’s ServSafe training and certification program.

This year’s challenge was titled Snack Attack. Teams of up to six children, along with one or more adult coaches, worked together to come up with ways to demonstrate various aspects of Food Safety that emphasized concerns related to the production and consumption of a favorite snack. Knowledge to complete such a task stemmed from after-school club activities. These activities involved a targeted module on Food Safety tips and principles that condensed essential ServSafe concepts, independent student research on a favored snack, industry tours when appropriate and/or possible, combined with supportive instruction related to LEGO construction, and technology associated with mechanization, motors, and robotics. Remember, this is at the K-3 level.

If you haven’t ever attended one of these EXPO’s you really should.

Continued on page 4
A HUGE SUCCESS: 2012 Biennial CA-AFCS Conference

Kudos to trichairs Sharon McKenzie, Sue Walters and Kay Wilder for a great conference in March held in San Diego at Point Loma Nazarene University and the Half Moon Bay Inn. About one hundred attended the conference, including about twenty students.

Keynote speakers included Susan Shockey, AAFCS national president. Many of our professional members were excellent presenters during sixteen breakout sessions attendees could select from to attend.

Those attending the conference enjoyed the professional updates, networking, visiting with colleagues, and making new friends. Thanks again to Sharon, Sue and Kay and the San Diego district members who helped to make this conference such a success that also raised more than $5,000 profit for our state association!

Submit Articles!
Send them to our Contempo Editor at articles@aafcs-ca.org
It was great to see children from all over California (from Folsom to San Diego) be able to clearly articulate the different types of food borne illnesses that can be experienced, different means of preventing food borne illness from point of production to consumption, and eagerly reveal little “gems” all consumers should be aware of. For instance, I was informed at one station that many people don’t realize that there may be no expiration date for bacon, something all wise consumers should use as an aid in determining a quality product. The LEGO constructs the groups came up with were amazing as well. Who wouldn’t love a “Germ Detecting Refrigerator”? As the Legoland California Resorts Educational Programs Manager, Lynn Crockett, acknowledged some of the constructs were really creative ideas that could be presently put into action.

The EXPO experience is a wonderful alternative educational format. This year the children learned important consumer information and work together to “invent” a display of their understanding using a mode of learning they like best…play. In this day and age when much of our content is being reduced within schools, it is gratifying to see others pick up the mantel and find ways of getting essential core knowledge related to daily living skills to children. That is why I am recommending kudos go Legoland California Resorts and sponsor, Lego FIRST, for promoting Food Safety education through this year’s FOOD FACTOR, Snack Attack Challenge.

Members Recognized for Excellence

At the recent Biennial CA-AFCS Conference, Dr. Margaret Lichty presented several members with awards of excellence: Rosalyn Anderson-Teacher of the Year, Rachael Libolt-New Achiever Award, and Joann Driggers-Leader Award, accepted on her behalf by Lisa Ledeboer.

Silent Auction a Success!

Dr. Bonnita Farmer reported that over $650.00 was generated from the silent auction at the biennial conference, with an especially generous donation given by Shirley Vernon. Bonnie expressed great appreciation to all those who donated items and those who purchased them!
HIGHLIGHTS FROM 2012 BIENNIAL CA-AFCS CONFERENCE

Dr. Kay Wilder CFCS (right) & Dr. Susan Shockey CFCS AAFCS President

Members of North Central District at the Reception

Barbara Kilborn (standing) passed the Affiliate President’s pin to incoming CA-AFCS President Amber Bradley

Jessica Beaudoin & Dr. Gail Frank of CSULB

Dr. Peter Kreysa of CSULB

Barbara Kilborn & Jody Roubanis

Dr. Betty Knopf

Dr. Nancy Rabolt of SFSU named 2011 scholarship recipients

Point Loma Nazarene University San Diego
President’s Message

position for EEF and Carolyn Berry Jackson agreed to extend her term to fill Allen’s term. It has been a struggle to find all of his information for these groups. I thank all of you for your dedication.

As you can see from the chart (see Figure One below), our numbers have shrunk in the last few years and our membership is older. The lapsed member campaign from last spring helped members become reinstated. Most encouraging is our new members and students who have joined our professional association. With closing of many high school for Home Economics and college programs for Family and Consumer Sciences, students a less aware of who we are. Many of the components of FCS are splintered into other divisions and miss the power of our umbrella of disciplines.

This is my last newsletter message to you all, and it is bittersweet. I have enjoyed working with the people in the various districts and committees and taking a more active role in the AAFCS President's Unit and Senate. Of course, I will have another year on the board as Past-President and hope I can be helpful to Amber Bradley in her new role as you President starting in June.

It has been my honor to serve you,

Barbara Kilborn

---

**Figure One: Membership Trends**

<table>
<thead>
<tr>
<th>Total membership and changes</th>
<th>March 2010 - 308</th>
<th>February 2012 - 267</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 2000 - 726</td>
<td></td>
<td></td>
</tr>
<tr>
<td>September 2011 - 240</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>By Membership Type</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Active</td>
<td>116</td>
<td>Emeritus</td>
</tr>
<tr>
<td>Students</td>
<td>38</td>
<td>New 43 (24 are students)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Years of Membership</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Over 50 years 53</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Over 30 years 40</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Over 40 years 53</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Under 10 years 69</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>By District</th>
<th>total</th>
<th>active</th>
<th>emeritus</th>
<th>lifetime</th>
<th>students</th>
</tr>
</thead>
<tbody>
<tr>
<td>A - Bay</td>
<td>55</td>
<td>25</td>
<td>17</td>
<td>9</td>
<td>4</td>
</tr>
<tr>
<td>B - Central Valley</td>
<td>11</td>
<td>6</td>
<td>4</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>D - Citrus</td>
<td>5</td>
<td>4</td>
<td>1</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>F - LA Metro</td>
<td>110</td>
<td>44</td>
<td>25</td>
<td>13</td>
<td>28</td>
</tr>
<tr>
<td>G - North Central</td>
<td>42</td>
<td>18</td>
<td>19</td>
<td>4</td>
<td>1</td>
</tr>
<tr>
<td>J - San Diego</td>
<td>36</td>
<td>17</td>
<td>12</td>
<td>2</td>
<td>5</td>
</tr>
<tr>
<td>K - Central Coast</td>
<td>8</td>
<td>2</td>
<td>4</td>
<td>2</td>
<td>0</td>
</tr>
</tbody>
</table>
CA-AFCS Officers Elected from 2012 Ballot

Pictured above, the following officers were recently elected to the 2012-2013 CA-AFCS Executive Committee.

- Vice President of Programs: Dr. Gus Vouchilas, San Francisco State University, Bay District
- Secretary: Nancy Beland, North Central District
- Extended Education Fund: Bonnie Whamond, North Central District
- Nominating Committee: Lisa Ledeboer, CPFFE, Mt. San Antonio College, Los Angeles District

ANNOUNCEMENTS

Trip to Paris—June 17-19, 2013

This trip is open to everyone! Adults can go, you, your friends, and adult students can go! It is fashion oriented (after all, it is Paris), but you do not have to be a fashion major to go on this tour. For anyone over 30, the discounted price is $3,644.00. Call 877-485-4184 or go to www.ecollegestudytours.com for more information. Our tour number is 1198485. You can also call them at 877-485-4184. Any additional questions contact Dr. Diane Lewis-Goldstein at diane.lewis.goldstein@csun.edu or 818-677-3051.

Join the Committee to Review the AAFCS Code of Ethics

The AAFCS Ethics Committee is forming a reflections group to consider the AAFCS Code of Ethics and how it relates to the FCS Body of Knowledge, and current practice in the profession. The group will be meeting through a series of conference calls during the fall of 2012. If you are interested and/or want to learn more about this committee’s work contact the 2012-2013 AAFCS Ethics Committee Chair, Dr. Jody Roubanis CFCS, at jroubanis@socal.rr.com or 562/673-6401 by August 1, 2012.

Free FCS Body of Knowledge Webinars Available

Perhaps the most comprehensive discussion on the topic of the FCS Body of Knowledge, AAFCS has recently made two webinars available that are ideal for teachers who want to learn more about the topic and for institutions of higher education that are soon to undergo AAFCS accreditation. Webinar 1, Introduction to the Family and Consumer Sciences Body of Knowledge, and Webinar 2, Why the FCS Body of Knowledge Remains Relevant Today, are both available at http://www.aafcs.org/DevelopmentCenter/AIM.asp.

The research of several CA-AFCS members who presented at the 2012 Biennial CA-AFCS Conference is featured in this webinar series.

Have you recently finished your thesis or dissertation?

The data collection is being collected on FCS graduate student research productivity (e.g. the titles and authors of thesis and dissertations completed during 2011). To be certain that your college or university is included, please contact Deanna Pucciarelli at dpucciarelli@bsu.edu (765 285-4791) or Stacey Faith at slfaith1@gmail.com. The data will be used to develop two articles for the December issue of the Family & Consumer Sciences Research Journal.
Calendar
June 24-27, 2012
AAFCS 103rd Annual Conference & Expo
“Connecting Professionals: Leadership in Action”
Indianapolis, IN

Recognized at 2012 Biennial CA-AFCS
Conference for Dedicated Service

50 years of dedicated service:
1. Jean E. Baxter, Granite Bay CA
2. Dorothy Brown, Mission Viejo CA
3. Nancy P. Cornell, Woodland Hills CA
4. Sandra French, Long Beach CA
5. Nancy Kostman, San Diego CA
6. Shirley A. Vernon, San Jose CA
7. Nancy L. Wolford, Los Gatos CA

51 years of dedicated service:
1. Carol A. Harsha, Pasadena CA
2. Virginia M. Potter, Encinitas CA
3. Polly Womack, Los Alamitos CA
4. Molly Zachariash, Los Angeles CA

Professional & Students on Linkedin
CA-AFCS and AAFCS have LinkedIn groups. Both are open to professionals and students. Also look for us on Facebook!

Visit us online at www.aafcs-ca.org