

CONTEMPO

Bringing people together to improve the lives of individuals, families, and communities



PRESIDENT

Marge Lichy
562.421.6215 (H)
562.985.7492 (B)
mlichy@csulb.edu

PAST PRESIDENT

Betty Knopf
916.944.3553
FPStude@aol.com

VP, PROGRAMS

Bonnye Whamond
916.441.0748 (H)
916.373.6189 (B)
bwarren@raleys.com

VP, COMMUNICATIONS

Corinne Thomas
661.600.2800
cthomas@aafcs-ca.org

SECRETARY

Rachael Libolt
760.433.6894
rmlibolt@yahoo.com

TREASURER

Shirley Vernon
408.578.3854

EDITOR

Corinne Thomas
articles@aafcs-ca.org

President's Message

Dear Members and Friends of CA-AFCS,

With a new year comes election time for our professional association. As Americans, we have just celebrated the inauguration of our nation's 44th President, Barack Obama, and all of the enthusiasm, excitement and hope it brings for all the freedoms, safety and prosperity we want as we look toward the future. Now, as CA-AFCS members, it is time for us to look ahead and look inward, to examine ourselves in terms of potential service we can provide to our association as we prepare for our spring election of officers.

Have you served in a leadership position before in another organization or do you just have that natural ability to lead? Perhaps you have gained some valuable experience that could be utilized in our state association. Maybe you don't have

leadership experience, but you have sometimes wondered about trying it. Or perhaps you have served in a leadership role before and would like to do it again, in a different area. The most important thing is that you have the desire or willingness to do so. We have leadership and professional service opportunities for you! This spring, we are looking for nominations for the following elected positions:

- **President-Elect** (a four-year term: one year of President-Elect, followed by two years of President and one year of Past-President);
- **Nominating Committee:** we need three members—one each for one year, two years and three year terms;
- **Extended Education Fund Committee:** one member for a four-year term.

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Special points of interest:

- President's Message
- AAFCS 100th Annual Conference
- CA-AAFCS State & Regional Conference



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“Celebrating the Past, Sustaining the Future”

AAFCS 100th Annual Conference & Expo

June 25-28, 2009

Knoxville Convention Center

*Hilton Knoxville, Holiday Inn Select at the Convention Center
Knoxville, TN*

Be part of this once-in-a-lifetime experience!

- Special Centennial events, including a **Celebration on Saturday evening** with refreshments and a commemorative gift.
- **Theme-related educational sessions**, beginning Thursday morning, from all areas of family and consumer sciences.
- **Powerful keynote speakers**, including Doris Christopher, CFCS, AAFCS member and founder and chairman of The Pampered Chef®.
- An **exciting Expo** with new products and services, research poster sessions, and learning labs.

Register in mid-January 2009.

In honor of the AAFCS Centennial, the member full registration rate is being extended to nonmembers!

Early-bird full registration rates will be valid through **April 1, 2009.**

Full Registration (except Student) -- \$365 (includes one ticket to Centennial Celebration with refreshments and commemorative Centennial gift)

Full Student Registration -- \$99 (includes one ticket to Centennial Celebration with refreshments and commemorative Centennial gift)

Visit www.aafcs.org/meetings/09/reg.html for details.

Reserve your hotel room early at the conference rate (subject to availability).

Hilton Knoxville - \$136, plus taxes (single or double)

Holiday Inn Select - \$127, plus taxes (single or double)

Visit www.aafcs.org/meetings/09/hotels.html for details.

Visit www.aafcs.org/meetings/09/index.html for up-to-date Conference information.

We look forward to seeing you in Knoxville in 2009!

www.aafcs-ca.org

Save the Date!
March 12-14, 2010

**CA-AAFCS
State & Regional Conference**

**“Capitalizing on Our
Strengths”**

Inspiration, Motivation, & Education

**Embassy Suites
Sacramento Riverfront**



Tri-Chairs Barbara Kilborn, Bonnye Whamond, & Claire Dendinger

President's Message

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I strongly encourage you to nominate yourself or other members you know who could use their knowledge and skills and desire to serve, in one of these elected positions. I began my service to this state association in 2000 as Secretary and served in that role for six years. During that time, I learned a lot about my role and became very comfortable doing it. But perhaps more importantly, I met and became friends with everyone else who came and went as they served on the executive board and/or on

appointed committees. These professionals are some of my best friends, and I value what I have learned from each of them. With their encouragement, I continued my service to take on the leadership of the association and it is a great experience! My service and leadership on our board has enriched my life and allowed me to give back to the profession that supported me as a new professional and provided me with a network of colleagues and friends for a lifetime.

I hope the same for you.

I seriously encourage you to contact Dr. Allen Martin, Nominating Committee Chair, at allen.martin@csun.edu or at 818-677-7252 with your nominations by **March 15, 2009**.

Enjoy the springtime and consider nominating yourself or someone else for the spring CA-AAFCS election of officers coming soon!

Marge Lichty
CA-AAFCS President

Wonderful and Helpful and Timely...and FREE!

By: Betty Knopf

Check out the GSA Consumer Information Catalog for free and low-cost information from Pueblo, CO.

Go to www.pueblo.gsa.gov and see the many free publications that can be by mail, telephone, fax or Internet. Multiple copies are available on some free publications. Look for the "2008 Consumer Action Handbook". This is an updated guide to get help with consumer problems and complaints. It is truly a got potential as a consumer

education textbook! This can be ordered from the website above or from:

www.ConsumerAction.gov

...which is also another source of timely consumer issues and information.

Additional teen and young adult resources on everyday life can be found in a clever pamphlet titled "Navigate Online Government for Teens" (www.USA.gov). Also available from this website is a

very informative life-stage pamphlet "Whether you are 1 to 100, www.USA.gov is for you". This amazing pamphlet has listings for helpful websites categorized by age needs.



These could be wonderful parent or classroom instructional tools. ■

Interested in submitting an article? Send it to our editor at articles@aafcs-ca.org

Contempo by E-mail!



In an effort to cut down on printing costs and support sustainability, the California Affiliate asks its members and friends to consider receiving this newsletter in an online format if they have e-mail addresses.

We will be sending the *Contempo* via e-mail to all members whose e-mail addresses we have. If you would like to opt out of receiving the *Contempo* via e-mail and receive it by mail

instead, please send an e-mail to **Corinne Thomas** at cthomas@aafcs-ca.org, and we will remove your name from the e-mail list.

Please take some time to confirm that the AAFCS has your current contact information as we obtain our member lists from them.

Thanks! ■

On-Line Methods Courses for FCS Education Credential Students

By: Dr. Marge Lichty

In a series of formal and informal meetings, the problem was discussed among FCS department chairs and teacher educators concerning the discontinuation of the FCS Education methods courses that had been offered at San Francisco State University. Without two FCS methods courses in the credential program, students would no longer be able to earn a Single Subject Teaching Credential in Family and Consumer Sciences at CSU San Francisco. A grant was awarded to me by the Extended Education Fund of the CA-AFCS as the FCS teacher educator at California State Long Beach to develop

online courses for the purpose of FCS Education students at CSU San Francisco or other universities to be able to take in order to complete their teaching credential requirements at their own universities.

The objectives of the project were:

1. to create online educational sites for Long Beach State's *EDSS 300H—Introduction to Teaching FCS* and *EDSS 450H—Curriculum and Methods in FCS*.
2. to arrange for synchronous CAM viewing of the courses for students at other universities with FCS teacher

preparation programs.

3. to collaborate with colleagues in these programs for intercampus enrollment in these courses.
4. to assist other universities in marketing the availability of these programs.

Collaborative discussions were begun with the CSU Long Beach University Credential Program Coordinator first, in order to gain approval of offering these courses to students in Northern California through distance education. Since Spring of 2007, the project goals and action plan had been discussed through email
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"Second Century of Helping" Project

By: Corinne Thomas, CFCS



Originally started by the former AAFCS Home and Community Section, this project aims to track volunteer hours contributed by AAFCS members as FCS professionals. All members who wish to participate are asked to track volunteer hours between **July 1, 2008-June 1, 2009**.

At the writing of this article,

over 4,500 hours have been donated, 76 hours of which have been donated by members of the California Affiliate. That is quite low considering we have over 300 members!

Want to participate in this project? You will need your AAFCS membership number, an Internet connection, and a volunteer's spirit!

To record your hours and view the project's details, visit:

<http://www.fcs.uga.edu/ext/aafcs/index.php>

If you do not have Internet access, you can find someone who does have access record your hours for you, or you may compile your hours in a written/printed log and send it (along with your AAFCS membership number) to:

Corinne Thomas
The Master's College
21726 Placerita Canyon Road #12
Santa Clarita, CA 91321

..and I will enter it for you. Let's make a difference as an Affiliate this year! ■

On-Line Methods Courses for FCS Education Credential Students

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correspondence and on the telephone with FCS teacher educator Dr. Billie Lou Sands, and Dr. Nancy Rabolt, the FCS Department Chair, both of whom are at CSU San Francisco, so that a basic understanding of each others' programs and their needs, resources, systems, and procedures could be achieved. Next there were a series of additional email and phone conversations for the purpose of proposing, clarifying, and gaining approval for the distance classes from their Dean of the College of Education at CSUF.

"A grant was awarded...to develop online courses for the purpose of FCS Education students...to be able to take...credential requirements at their own universities."

FCS Education credential students at San Francisco were contacted by Dr. Sands to determine exactly when they would be ready to take the first of the two required methods classes, and then the second class. It appeared that offering the first class in Fall 2007 would be a problem for the majority of the students, because they would not be admitted to their credential program yet in the Fall 2007

semester.

The CSU San Francisco students emailed me at CSU Long Beach, because I would be the instructor for the two courses. Several of the students contacted me with specific questions; others indicated their plans for enrollment in the classes at different times. It was finally determined that there would be no students ready to take the first class in Fall 2007, but rather in Fall 2008; therefore, the official "beginning" of the project had to be delayed by one year—all systems would be a "go" for Fall 2008. Ideally, this worked out well because it provided time to investigate various distance instructional delivery systems during the 2007-2008 academic year that could be available and utilized for this particular instructional situation, and Elluminate became available for CSU Long Beach faculty members during that year.

The online program within the CSULB campus technology "system" called Elluminate was identified as the online delivery system to be utilized to offer the courses to the "distance" students. An informational conference was attended, followed by a personal demonstration of the system and

two simulated practice sessions of the technological instructional program. Future practice sessions were conducted in Summer 2008, prior to the first semester the program would be used—Fall 2008.

The Elluminate program allows for "distance" students to not only view the "host" site class, instructor, and students, but also to hear and actively participate by using their own computer keyboard at home or other place to operate the Elluminate screen and interaction keys, such as raising their hand, asking a question, responding by typing or responding by voice, etc.

Distance students would be able to register for the course through the Open University process using a faxed registration form and would pay for the classes using a credit card during a follow-up phone conversation from the Open University office after they receive the faxed registrations. Within a day of the phone call to facilitate the payment, the students would be registered and would have a campus identification number, and would be able to access the course through Blackboard, the campus online teaching tool and a specific website for the

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On-Line Methods Courses for FCS Education Credential Students

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Illuminate online feature.

As all information regarding the project became available it was continuously relayed to Dr. Sands and Dr. Rabolt so that everyone stayed informed and in the loop. The “distance” students emailed the CSU Long Beach instructor with questions and concerns when they wished so that they could begin to feel comfortable with their future instructor and continue planning their program of study for completing the remainder of their classes for the teaching credential program at CSU San Francisco.

A flyer was designed to announce the online opportunity of taking the two FCS Subject Matter/Methods classes online through CSU Long Beach. It includes the instructor’s name and contact information so that interested students can contact me with specific questions or more information. The flyer was peer reviewed by Dr. Bonnie Rader, Cal State Long Beach, and Dr. Candia Varni, Allan Hancock Community College, who provided feedback for minor revisions. It was suggested that the flyer be disseminated to Joann Driggers at Mt. San Antonio Community College, so that it could be shared with our colleagues in the community

college system for further promotional opportunities.

In the spring of 2008 semester, Dr. Dianne Hyson, the Department Chair at Cal State Sacramento, and Dr. Marianne Jones, the Department Chair at CSU Fresno, were contacted to determine if they would have students who could possibly participate in the distance education classes. They each provided a good summary of the current status of FCS Education at their universities, but there were no students in need of online methods classes at that time. Emails were sent to them with flyers to provide the basic features of the program for their future information and promotional use.

In Southern California, Dr. Pat Ennis at The Master’s College, Dr. Allen Martin at CSU Northridge, and Dr. Kay Wilder at Point Loma Nazarene University were all contacted to inform them of the online credential classes at CSU Long Beach. It is my hope that universities in Northern California, especially, may be able to more actively recruit FCS Education majors and credential students now that they know there is an institution offering the state-required methods classes online for their students, and

students could still complete the remainder of their credential program coursework at their own

“...even though we all share common challenges...we are all willing to consider and take advantage of new options for keeping our subject matter and credential programs alive and thriving...”

universities.

In the Fall semester of 2008, one student from CSU San Francisco registered for and successfully completed the first of the two required methods classes. This student has provided program evaluation comments and suggestions for improvement to me. The CSU Long Beach students in my “host” class also provided evaluation comments at the end of the semester. All of these comments will be considered for ways to improve the online class for the second methods class to be offered online in the Spring semester of 2009. Another evaluation will be conducted after the second class has ended. At that time, all FCS Education colleagues in California will be contacted to inform them of the success of the

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Notes from Our Treasurer:

- Current balance in Checking : \$7,411.88
- Insurance costs have been covered!
- Districts will be receiving dues checks later in the year

If you have any questions concerning the Affiliate’s finances, please contact our treasurer, **Shirley Vernon**.

On-Line Methods Courses for FCS Education Credential Students

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first year of online FCS methods classes.

In summary, I am very happy to have made contact with all of the leaders in the FCS departments of California universities that have FCSE programs. I feel confident that even though we all share common challenges with regards to the FCSE major and teaching credential, we are all willing to consider and take advantage of

new options for keeping our subject matter and credential programs alive and thriving, and to provide FCS educational programs to our state’s secondary students. I am looking forward optimistically to the spring 2009 semester and teaching the second online methods class and to future growth of this program with other California university FCS program participation. My sincere thanks goes to the

Extended Education Fund of the CA-AFCS for their valuable support. ■

Margaret Lichty, Ph.D.
FCS Education Program
Coordinator and Credential
Advisor

California State University Long
Beach

Did You Know...

The *Contempo* newsletter is sent out to over 300 Affiliate members? Want to get your message out to students and professionals in the FCS field?

Then consider advertising in the *Contempo* newsletter!

Ads for businesses, products, and activities that result in personal financial gain for members and others are sold at the following rates in the accompanying table.

To place an ad, send your ad copy by e-mail to:
articles@aafcs-ca.org

All ads must be prepaid.

Contact our Editor or

Treasurer Shirley Vernon for payment information.

Size	Cost per issue
Full page	\$100.00
1/2 Page	\$60.00
1/4 Page	\$35.00



CA-Association of Family & Consumer Sciences
1145 Savoy Street
San Diego, CA 92107-3914
www.aafcs-ca.org

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Calendar

February 7, 2009

Spring Executive Board Meeting (online)

February 19, 2009

Vote for AAFCS National Officers
www.aafcs.org

February 28, 2009

Spring Board of Directors Meeting (online)

March 31, 2009

Contempo Submission Deadline
articles@aafcs-ca.org

April 1, 2009

End of Early Bird Registration
for AAFCS Annual Conference

June 25-28, 2009

AAFCS 100th Annual Conference

Students



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