



CONTEMPO

Bringing people together to improve the lives of individuals, families, and communities



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President's Message

It's that time again...It is time to welcome new leaders of our state association and...it is time to think about new beginnings with our new leaders. We also need to take time to think about things that have made our state association what it is, and what will make our state association more focused, healthier and more rewarding for our state goals, our members, and our communities.

In two recent editorials I have read that America is in a "funk" and in a down mood". One author thinks it is a cycle. The other author thinks it is a "trend". I think perhaps it is just plain negative thinking, and it is now regarded as "expected" or "cool" or even "normal".

While we often look back to the "good days" of our lives and our association, we need to remember that even in the "good times" we all experienced some "tough times" or some "changes". While we were having these unpleasant times, we used creativity, information, and energy when ideas no longer worked. I think a fortune cookie thought should be, "Failure can be liberating". That has been a huge concept for me

to ponder as failure or disappointment or change can force us to think about ideas that were once dismissed or to think about ideas that were not even thought about in past.

Before starting a new adventure, program or relationship, it is always a good time to take a look backwards and be thankful for the past, acknowledging successes and examining incomplete or weak areas, so we can enter the future with more confidence and a solid plan for the future and more achievements.

Please indulge with me as I would like to share with you some of our association's achievements and successes in the past two years:

- ✓ Recognition Award (2006)
- Member Increase 5% National

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CA-AFCS News

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“Meet the CA-AFCS Board Members”

Margaret Lichty, PhD - President



Prior to education, I had a very satisfying career in banking for 13 years. I earned my BS and MS degrees in FCS Education from the University of Nebraska-Lincoln and taught FCS in middle school and high school in Nebraska for 6 years. After earning my PhD in FCS Teacher Education at Virginia Tech, I was appointed as the FCS Education Program Coordinator at Northern Illinois University. After one year of service, I accepted an appointment as FCS Education Program Coordinator and Credential Advisor at California State University Long Beach, which I have held for 8 years.

I enjoy living in a small, friendly beach community where I ride my bike on the beach and walk in the neighborhood. Reading, going to movies, making jewelry and shopping are all favorite past times and I enjoy traveling and hosting out-of-town visitors during vacation time. I've appreciated serving as the Secretary of the State association for several years. I have learned so much about the profession, communication, and leadership from the many knowledgeable experts, colleagues, and leaders who've come before me and continue to serve with me. I look forward to learning and working with the other state presidents as I take on this leadership role and continue to serve the profession and my state.

Bonnye Whamond aka Bonnie Warren - VP, Programs

May 13th is my 35th Anniversary as a Home Economist/Consumer Affairs professional in the food retail industry. After graduating in 1973 with a BA in Home Economics, from California State University Los Angeles, I returned home to northern California to find work as a Home Economist. I found out very quickly that not many home economists careers exist outside of education. So I got busy, there was a job for me--I just needed to convince one company I had a service to offer. To my amazement, within one week of sending out my initial resumes to all supermarkets in the Sacramento area, Bel Air Markets (a small regional food retailer with 6 stores) called and expressed interest in my ideas. My career began and continues. I worked at Bel Air for 20 years before they sold to Raley's.

At Raley's Family of Fine Stores, I assume the same job functions. In order to serve 130 stores instead of 1, I had to regroup. I coordinated a Consumer Affairs Call Center and hired 4 additional staffing. Our entire department has 8 people all doing the same things I did for Bel Air. It has been a great career, never boring, always some new consumer, nutrition, food safety issues to be addressed.

Within AAFCS, I held every local position within the North Central District group; and for the past 5 years, I served as the NCD Scholarship Chairperson. I intentionally avoided State and National Offices because I had two young boys to raise and their well-being was my top priority. I can now proudly announce that they are good, well grounded, healthy, educated young men, married and doing well on their own. Now, while I wait to become a grandmother, I have time to focus on other activities and I am ready for the challenge as CA-AFCS VP of Program and Planning for our March 2010 state conference in Sacramento, CA. If any of you have any special talents or interests you would like to share for this future conference please, by all means, let me know.



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“Meet the CA-AFCS Board Members”

Rachael Libolt - Secretary

As a Clothing and Textiles graduate of California State University Long Beach, I worked in the fashion industry for many years. In 1986 I began turning people's bathrobes into Wardrobes. It all started with a Fashion S.O.S. call from a friend. Her style transformation launched a Home Based business that was perfect for a Mom with two small kids. During the next 15 years I developed a Wardrobe Consultation Business one closet and one client at a time. In 1995, I was recruited by Saks Fifth Avenue to work as a personal shopper in their exclusive 5th Avenue Club.*

When I sent my Kids to college, I also returned to college and completed my Masters Degree in 2006, in FCS Education. While in Graduate school I developed a series of workshops designed to assist women in presenting an image that would convey professional credibility, power, and effectiveness. This summer I look forward to conducting a wardrobe consultant training, based upon my years of experience and graduate project. For more details, check out my website, RachaelLibolt.com.



Corinne Thomas - VP, Communications

I recently graduated from The Master's College with a BS in HE-FCS and am currently pursuing an MA degree in Education and Human Development with an emphasis in Education Technological Leadership through The George Washington University.

I have experience working in the IT industry, serving as a webmaster and media manager for over five years in various non-profit and educational organizations.

I grew up in Asia and Europe, which allowed me the opportunity to work alongside several professionals in various Eastern European countries. My travels took me to colleges, local schools, and orphanages.

When I am not glued to my computer screen editing websites or writing research papers, I enjoy hiking, biking, and traveling with my husband. As funds permit, we also enjoy sushi to a sinful degree.

As the new VP of Communications, I hope to serve the California Affiliate with my skills and talents in order to bring quality services to all CA-AFCS members. Contact me anytime!



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President's Message (continued from page 1)

- ✓ By-Law revision
- ✓ Policy and Procedures revisions
- ✓ Scholarship data collection and documentation from districts and state
- ✓ Scholarship flyers for CDE Leadership Conference distribution (two times)
- ✓ Web Page (Development/Maintenance)
- ✓ Website posting; Scholarship update & resources
- ✓ Stipend (faculty sponsor college student chapter)
- ✓ Collector item* (tape measures) Project: Increased e-mail delivery of Contempo
- ✓ Biannual conference with other states invited
- ✓ New/Lower cost insurance provider/coverage
- ✓ Recognition Award: 40+ membership years
- ✓ State Self Assessment Workshop
- ✓ Program of Work Documents
- ✓ Matching grant fund special projects Total \$6,600
- ✓ Adopted *Contempo* ad policy
- ✓ Ellen Richards' video for loan

Each *Contempo* issue presented opportunities for member participation in CA-AFCS.

Yes, while reading a magazine recently, I found a great way to end my final article as your State President. The thoughts are from *Veranda* magazine (Jan-Feb 2006). According to Editor Lisa Newsom, "Being the best at what you do is something you accomplish through passion, perseverance and practice.

For some, a keen interest in a subject starts early in life and grows with discussion, reflection and study. Others, after years in one field, may uncover a latent talent and suddenly immerse themselves in a specialty with burning intensity. Each excels, becomes an expert, and, ideally, shares his or her knowledge through writings, lectures, or simply interacting with clients, patrons and anyone who longs to learn."

Best wishes to the leaders of our Districts and our State! I am looking forward and hoping we all will excel.

Betty Knopf, EdD

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CA-AFCS Extended Education Fund

By: Carolyn Berry Jackson, Chair

CA-AFCS-EXTENDED EDUCATION FUND REPORT - March 2008

The purpose of the EE Fund is to promote the profession of Family and Consumer Sciences. All EEF monies are invested in growth funds and are held separately from the CA-AFCS general operating funds. The EEF monies are administrated by a Board of Trustees consisting of 5 elected CA-AFCS members who serve on a rotating bases. Current EEF Board Members are:

Sue Chelini, Treasurer
Mary Gilliland
Bonnie Rader
CA-AFCS-VP of Programs (to be appointed)

The EEF has three basic goals to:

1. Provide scholarships to qualified undergraduate and graduate students in the CA-AFCS field.
2. Provide grants for activities that promote the purpose of CA-AFCS.
3. Secure and accept donations and gifts to the EEF Fund.

EEF scholarship applications are available on line and for the year 2008. The application deadline is May 15, 2008. You may also contact Dr. Kay Wilder, Scholarship Chair at Kaywilder@pointloma.edu or call 1-619-849-2270. The EEF Board recently approved the revision of the number and amounts of scholarships based on the increased funds from competent financial management, gifts and donations.

EEF grants are also available to members for the financial support of activities and projects that support the objectives of Family and Consumer Sciences. The grants would provide funding for activities such as seminars, workshops, conferences and research projects. Grant applications are due to Carolyn Berry Jackson (cberryjackson@aol.com) by May 1, 2008. Some examples of grant funding for activities have included graduate textile research, seminars and computerizing CA-AFCS history.

Gifts, donations and bequests to EEF maybe tax deductible. EEF welcomes any amount and encourages members to contribute. Even if the gift is small, combined with gifts from others, it can go a long way in supporting our profession. Contact the Board Chair at cberryjackson@aol.com for more information. Remember funds are available--Apply and promote Family and Food Sciences.

Carolyn Berry Jackson, Chair

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SAVE THE DATE!

CA-AFCS Board of Directors, please mark your calendars for the next board meeting. Expect a formal "Call for the Meeting" E-mail in July 2008, so that you have time to plan.

Saturday, September 20, 2008

Ramada Inn and Plaza

Sacramento, CA

Until then, let us aggressively begin our 2008-2009 Plan of Work in our districts in whatever ways we can: 1) contribute to making and using our new website; 2) include teachers and retired members actively in our district meetings and events; and 3) reach out to collaborate with related FCS/ Home Economics organizations and professionals because we have many interests and goals in common.

Our mission is the same across all of our FCS/Home Economics subject areas: helping others to solve problems to have a better quality of life for individuals, families and communities.

Marge Lichty, President

mlichty@csulb.edu

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Spring 2008 CA-AFCS Board of Director's Meeting

Highlights from the CA-AFCS Board of Directors meeting (Double Tree Hotel, El Segundo, CA) March 8, 2008.

Betty Knopf was recognized as an excellent leader for her term as CA-AFCS President with a beautiful wooden treasure box featuring a lovely cross-stitched Betty Lamp design, personally made by Shirley Vernon, Treasurer.

Corinne Thomas, a recent graduate of The Master's College, was appointed as Vice President of Communications and has already designed our new website with many exciting and informative pages.

Shirley Vernon, CA-AFCS Treasurer presented a balanced budget of income and expenses of \$19,560.00 for the 2008-2009 fiscal year, which was approved.



CA-AFCS Spring 2008 Board of Directors Meeting: L to R --- Corinne Thomas, Carolyn Jackson, Bonnie Farmer, Rachael Libolt, Bonnye Whamond, Marge Lichty, Roselene Kelley, Betty Knopf, Shirley Vernon, and Amber Bradley.

Bonnye Whamond, VP of Programs presented a fabulous overview of the preliminary planning already underway for the CA-AFCS Biennial Conference in Sacramento, CA (March 12-14, 2010).

District Presidents, B. Farmer and R. Kelley shared successes and concerns; and opportunities for future projects were brainstormed in the group. Scholarships and Awards were discussed as areas for possible review to utilize innovative approaches for increased member interest and participation in them.

Carolyn Jackson reported on the Extended Education Fund's projects in process and encouraged more participation in grant proposals. (continued page 8)

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2008-2009 Plan of Work

By: Margaret Lichty, PhD

At the Fall 2007 Board of Directors meeting, the Plan of Work for CA-AFCS was approved.

The three specific goals that make up our Plan of Work is to:

- 1) Contribute to the development and use of a new CA-AFCS website;
- 2) Include teachers and retired members actively in our district meetings and events; and
- 3) Outreach services to collaborate with related Family and Consumer Sciences/Home Economics organizations and professionals because we have many interests and goals in common. Our mission is the same across all of our FCS/Home Economics subject areas: helping people to solve problems to have a better quality of life for individuals, families and communities.

Let us aggressively begin to accomplish progress toward our 2008-2009, Plan of Work - as individuals and in our districts - in whatever ways we can. Good luck to all!

Marge Lichty, President

Spring 2008 CA-AFCS Board of Director's Meeting (continued from page 7)

Betty Knopf announced a successful Matching Grant Project that totaled \$6,600.00 for our association. This is a fund that will be used for association projects. In an effort to join forces with like-minded groups.

The day ended by unanimously agreeing to support a proposal by Betty Knopf to send special letters in three phases to members of the Home Economics Teachers Association of California. They will be invited to the 2008 AAFCS National Conference (Milwaukee, WI) and the 2009 AAFCS National Centennial Conference (Knoxville, TN). They will be invited to access our new website for up-to-date information and resources, and to join AAFCS/CA-AFCS to further increase their professional development opportunities.

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nseduktr@gmail.com

Please remit payment for your ad, by check to:

Shirley Vernon, CA-AFCS Treasurer

513 Deer Court San Jose, CA 95123-3233

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Contact Margaret Lichty, PhD at mlichty@csulb.edu

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CALENDAR

May 1, 2008

EEF Grant Deadline

cberryjackson@aol.com

May 15, 2008

EEF Scholarship

Application Deadline

kaywilder@pointloma.edu

September 20, 2008

CA-AFCS Board of Director's Meeting
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Sacramento, CA