Busy, Busy, Busy! Our association has also been busy making plans and making changes. For example, Allen Martin has been making contacts and plans for our state conference scheduled for February 23-25, 2007. That may seem like a long time away but many of us have already purchased 2007 calendars and are making entries. Please be sure to enter these dates on your calendar. We have invited affiliates from the other western states and the program is IMPRESSIVE. Not to steal Allen’s report, but the pre-conference will feature an in-service titled “Financial Smarts for High School Teachers. This will be presented by Cooperative Extension and a Worth Magazine financial planner. The trip to the Miele Design Center is certain to be popular, as will hearing speakers from corporations headed by FACS professions such as the head of Pampered Chef. Allen has negotiated a room rate of $139 per night and the hotel is located next to two shopping malls. This conference should be an awesome experience!

A project was undertaken this summer to develop a comprehensive list of the scholarships offered by various districts and by the Extended Education Fund. The resulting list is truly amazing and the total amount of scholarships offered is over $30,000 per year. Scholarships are offered to graduating high school seniors, community and technical college students, undergraduate students, graduate students, and current Home Economics/FACS teachers. A scholarship flyer has been developed, as the complete scholarship list is a 20-page booklet, and is very expensive to reproduce. The flyer gives information on how to get a complete booklet via e-mail. This is an important tool for our association to use to promote our future members and our profession. Please consider sharing (if not bragging about) these scholarship opportunities to others.

Many members are aware of the impact insurance coverage costs our state budget and, therefore, our districts. At the national meeting in Charlotte, information was requested from our national leaders regarding insurance for state affiliates. Using the responses from legal and business resources provided by our national association, an investigation about our current policy was made. Apparently, we were covered as a “social club”, we had several “strange” exclusions such as asbestos, and we had no directors and leaders liability coverage. Communications with our current carrier proved very difficult. Our national organization recommended a carrier that it uses and who has been very professional in returning calls and explaining information. Continued on Page 3
You are cordially invited to attend this 2007 event. The planning committee envisions that the conference will be an educational experience of research presentations, posters, roundtables, panels, and juried showcases in the subject matter areas of:

- Apparel Design and Merchandising
- Consumer Affairs and Family Resource Management
- Family and Child Studies
- Family and Consumer Sciences Education
- Interior Design and Housing
- Gerontology
- Hospitality Management
- Nutrition, Food Science and Dietetics (continued on page 6)

FACULTY POSITION ANNOUNCEMENT

Home Economics - Family and Consumer Sciences Department

The Master’s College seeks a versatile and dynamic instructor to teach courses in the Home Economics - FACS Department and to academically mentor students. This position begins July 2007.

Duties & Responsibilities:
1. Teach a schedule of classes consisting of approximately 12 units per semester.
2. Provide academic advise and support to the personal development of the students.
3. Complete the normal departmental and institutional administrative duties such as: attending faculty meetings; order textbooks, and coordination of class schedules.
4. Assume supplementary responsibilities that will include participation in at least two academic committee assign-
5. Perform other related duties as established or assigned.

Application Procedures:
Please send an introductory letter expressing your reasons for interest in the position and a curriculum vitae to:

The Master’s College
Attn: John A. Hughes, Ph.D.
V.P. for Academic Affairs
21726 Placerita Canyon Road
Santa Clarita, CA 91321-1200

The Master’s College is committed to practicing the principles of equal employment opportunity and diversity based on biblical principles. Women and persons from under-represented ethnic and racial backgrounds are especially encouraged to apply.

Minimum Qualifications:
1. A doctoral degree in a Home Economics related field. Individuals with a master’s degree and appropriate experience
2. A strong commitment to the doctrinal position and philosophy of the teaching ministry of The Master’s College.
3. Ability to teach a variety of courses within the Home Economics, FACS discipline drawn from Clothing and Textiles, Family Finance, Food Science, and Resource Management.
4. Ability to teach students effectively, evaluate performance and create a supportive learning environment.
5. Excellent oral and written communication skills.
6. Excellent interpersonal skills, including an ability to establish and maintain effective working relationships with staff, faculty, and students of diverse academic, socioeconomic, cultural, and ethnic backgrounds.
It appeared that a prompt decision was needed to have members attending the fall board meeting covered under appropriate insurance policies. Our new policies went into effect on September 15, 2006. In addition, the good news also includes as savings of about $800 per year. Districts needing proof of insurance documents when renting meeting rooms or using public buildings need to contact Shirley Vernon, our state treasurer, who will request the documents be faxed immediately to you from our carrier.

At the fall board meeting considerable time was spent discussing revisions to our state’s By-Laws. The By-Laws were previously revised in 1988 and last amended in 1996. The current revision process has included a draft with suggested revisions being sent during the summer to 10 “seasoned” members for review. Members attending the Fall Board Meeting then did another review of the draft. If you would like a copy of the final By-Law revision proposal for your review, please contact me fpstude@aol.com and put “by-laws” in the subject line). A vote will be taken in the spring by a ballot in Contempo and the results will be announced at our spring conference.

In addition, the Policies and Procedures of our state association need to be revised. Leaders from each district and state officers are currently making their suggestions. If you are interested in participating, please contact me. These suggestions will be compiled and the documents will also be voted on in the spring by a ballot in Contempo and the results will be announced at our spring conference.

Thanks to the Extended Education Fund, a grant has been funded for me to develop a web site for our state. I reviewed the web sites from other affiliates and found great variations. If you have suggestions as to what should be included our state’s web site, please contact me fpstude@aol.com and put “web site suggestions” in the subject line).

Also, thanks to the Extended Education Fund, the grant to give a stipend to student chapter advisors at the eight universities with FACS programs has been renewed. Information was sent in August to the universities. Last year four universities participated in the grant. As of this writing, only one university has responded but I am hopeful for more positive responses. Please plan to actively participate in our district’s programs this year. Some districts are struggling and your support is critical. Some districts have shared with me some great plans for professional growth programs, plans for fundraising activities for scholarships, and plans for community outreach activities. When you get your district’s program announcements, please put those dates on your 2006 calendar and your 2007 calendar.

Most sincerely,

Betty

P.S. Here is another “opportunity challenge” for you to do as a member of this professional organization. Included in this issue of Contempo is a flyer announcing thousands of dollars of scholarships available through our districts and Extended Education Fund. Give this flyer to a colleague or take it to a nearby school (high school, community college, or university) and personally hand it to a teacher. Or, if these ideas are not possible, mail it to a friend or to the school. Another suggestion is to give it directly to a Home Economics/FACS student or a possible student. The point of this “opportunity challenge” is to make contact with another person with this good news. Let me know what you do with the flyer, as I want to share your results.

P.S.#2 Did you take the two minute challenge given in the last issue of Contempo? The challenge was to extend a “thank you” to another member of our organization for contributing. Much to my great surprise, I received a “thank you” and remain totally touched by such kind words. Thank you Em Riggs for...
FALL 2007 BOARD REPORT

1. Accomplishments/Activities
   a. Ada Loewer was honored by AAFCS at the National Conference in Charlotte, North Carolina, for her 50-year membership in AAFCS.
   b. Background: When Ada enrolled in the Home Economics Division of the State University of New York College at Buffalo in 1957, she did not intend to teach. She planned to work for a local utility company as a Home Economist. Ada found that she loved teaching and subsequently taught 8 years of Home Economics at Kenmore Junior High School near Buffalo, New York. In July 1955 Ada married Robert Loewer and moved to San Jose, CA, where she taught preschool, then started her family. She had two children, Cindy and David, so she changed careers from teaching to demonstrating microwave ovens for Amana. For the next 25 years, Ada became an expert in new technology and continued demonstrating at cooking schools, hiring and training instructors and teaching microwave classes at Ohlone College. (This description was contained in the “2006 Pacesetter Brunch” booklet.

Clare Dendinger - President North Central District
North Central District Family and Consumer Sciences have four exciting meetings planned for the coming year. Our October meeting will consist of a local dietitian speaking on Food Politics and How it Effects Health and Nutrition. Our speaker will focus on how political entities change what is available to the consumer and how genetically modified foods may affect our health. December will showcase our Holiday Tea; March will be a tour of Blue Diamond almond factory and April we plan to have a speaker from our newly opened Senior Safe House and during that meeting five scholarship awardees will be presented.

Our outreach to the community will be just as busy with a group of our members sewing face cloths and adding toiletries. Nine women worked on this project this past year, and about 100 cloths were donated to the local women’s shelter. We also are supporting the local Children’s Receiving Home to provide them with gifts around the holidays. We are selling Entertainment books for scholarships.

Our organization is also working on the “Membership Call Back Campaign” and we hope to see some more progress in getting more members involved this coming year. Each member has been contacted personally and we hope to see more rejoin and attend some of our functions.

Spend Summer 2007 Touring Rome and Athens

http://www.csun.edu/~amarenco/Educational%20Tour/Italy/italy.htm
Anne Marenco, Ph.D.
Department of Family and Consumer Sciences
California State University, Northridge
818/677-3120
anne.marenco@csun.edu
CA-AFCS Western Regional Conference 2007  
Los Angeles, CA  
February 23-25, 2007  

Revival, Renewal, and Gentrification:  
Family and Consumer Sciences in the New Urban Life

Please consider submitting a proposal for a research presentation, poster, curriculum showcase/exchange roundtable, or a panel in the subject matter areas of:  (Topic does not necessarily have to match conference theme)

- Apparel Design and Merchandising  
- Consumer Affairs and Family Resource Management  
- Family and Child Studies  
- Family and Consumer Sciences Education  
- Interior Design and Housing  
- Gerontology  
- Hospitality Management  
- Nutrition, Food Science, and Dietetics

Please submit the following by:  November 1, 2006 - Deadline

Title:  
Affiliation:  
Presenter (s):  
Abstract:  
AV Needs: 

To:  Allen Martin, Ph.D.  
Family and Consumer Sciences  
18111 Nordhoff St.  
Northridge, CA 91330-8308  
Or email to: allen.martin@csun.edu
Special Features of the 2007 Conference

Pre-conferences of in-depth subject matter (Friday morning), so book a room for Thursday night!

- Financial Smarts for Teachers
  A presentation by Cooperative Extension and Worth Magazine Financial Planner of the year (1999). This seminar consists of a basic financial life skills course developed specifically for educators in hopes that renewed financial knowledge will translate to increased use of financial and consumer concepts in the Family and Consumer Sciences classroom. The curriculum is aligned with the new CDE standards. It is hoped that the State Department of Education will sanction this for continuing education and fund substitute teacher stipends.

- A guided tour of the famed Los Angeles Fashion Mart and jewelry district and High Tea (Biltmore).

- Miele Design Center (Beverly Hills)
  - An educational excursion of particular interests to those in housing and interior design related areas or anyone interested in the latest in home technology from the world’s premier appliance manufacturer.

Opening Reception (Friday Evening)

- Light hors d’oeuvre and cocktails (served “in the round” on the 25th floor of the Sheraton Hotel Macy’s Plaza). The circular lounge offers breathtaking 360° views of the revitalized Los Angeles city core. On a clear night you can see all the way to the ocean and into Hollywood.
- A live interactive fashion show featuring up and coming designers, student work, and some well-known, urban fashion companies, such as Diesel.
- A curriculum showcase and instructional support exhibits from some of the top companies in FACS.
- A Juried Interior Design Showcase sponsored by Miele, Caesar Stone (quartz) surface material, a leading cabinet manufacturer, and an outdoor kitchen equipment supplier.

Motivational Speakers/Panel (Saturday morning)

- Panel and presentations from multi-million dollar corporations headed by FACS professionals.

Research Breakout Sessions

(Saturday Afternoon and Sunday Morning)

- Current research presentations, seminars, posters, and panels in all of the areas of FACS.

Housing Tour (Saturday Afternoon)

- See the new urban housing craze (new and renovated lofts that are praised for their efficient use of space; innovative use of abandoned structures, facilitating work at home, and an urban car free lifestyle.

Awards Brunch (Sunday afternoon)

- Recognizing scholastically gifted and engaged students, and professionals.

Relaxing Environment

- The conference will be held in the newly renovated Sheraton in downtown Los Angeles with easy access from either LAX or Burbank airports. Room rates are $139 per night and are good before and after the conference.
- The hotel is on the MTA Red Line, minutes away from:
  - Universal Studios; and
  - The Hollywood Walk of Fame.
- The hotel is located adjacent to the Macy’s Plaza shopping complex, and also walking distance to:
  - The Los Angeles garment, jewelry
  - Toy districts

For further information, contact allen.martin@csun.edu or 818. 677.7252
Mission: The University of California (UC) Agricultural and Natural Resources Workgroup on Aging Californians in Rural and Urban Settings is designed to help the university frame statewide challenges and public responses to emerging aging issues related to education and outreach, funding, public policy, and research needs of a large and rapidly increasing senior population in the state of California.

Background: The 21st Century is referred to as the Silver Century because of the rate at which the population is becoming elderly. The 3.6 million seniors age 65 and over in California are more than in any other state, and the fastest rate of increase is among the population group over age 85. The impact of this aging populace is expected to place a tremendous strain on senior services providers and other institutions as the “Baby Boomers” become of age. Educational institutions and the business world will also be impacted as the unusually large numbers of retiree cohorts exit the workforce over a short period of time and leaving a potential “brain drain” in some important educational, technical and biological sciences areas.

With this in mind, the workgroup submitted a proposal and was ratified in 1999 by the University of California Division of Agricultural and Natural Resources (ANR). This workgroup of Cooperative Extension (CE) scientists and specialists from UC campuses, advisors in local counties, graduate students, and other external professionals in gerontology, assessed the growth rates and chronic disease trends in California on a county-by-county basis. Also, representatives of some public officials in northern California working with and/or interested in aging participated in this endeavor. The group surveyed the ongoing Cooperative Extension programs offered to seniors in twenty-one states and found the greatest number of aging programs were in wellness, finances, care giving, and nutrition. Then an assessment was made of the number of senior programs offered, and the research, education, training, and service needs among California seniors being served by Cooperative Extension.

The Need: Twenty seven CE advisors and County directors responding to a survey of need, ranked the top five educational and training programs they needed for the elderly in their counties: Nutrition-48%, Wellness-44%, Finances-31%, Grandparenting-31%, and Caregiving-22%. Other areas of need expressed among 13% of the advisors included: Death/dying/grief, long-term care, gardening, volunteerism, home repair; and 9% said they needed materials and information on intergenerational issues, interdependence, and elder abuse. The primary barriers to offering aging programs in their counties were: lack of time-39%, lack of staff-35%, lack of funding-28%, and lack of specialist-13%. At least 86% of the respondents saw aging programs as a priority to some degree, and some counties needed them more than others. They also stated the resources they needed to provide senior programs: staffing - 65%, funding - 61%, packaged programs - 52%, agency links -22%, technical services - 13%, training and consultation were each - 9%, and 5% needed other support.

The Response: The members of the group combined their expertise and limited resources to conduct research and demonstration activities, education and training, offer professional expertise and educational resources to agencies and providers who serve seniors of the greater California community, and published scholarly papers and reference sources. The workgroup collaborates with senior services provider agencies and other groups at the local, regional, and national levels to convene conferences, workshops, trainings forums and seminars on senior issues i.e. Grand-parenting, Senior Care-giving.

continued on page 8
Framing the Issues for Aging Californians in Rural and Urban Settings
By: Mary L. Blackburn, PhD, MPH, Extension Section Chair

Healthy/Optimal Aging, Aging and Cognition and Memory, Aging and Language/Communication, Nutrition and Wellness, Financial Management, and two new emphasis will be added to include Disaster Readiness and Food Safety.

Program Activities: The Workgroup is gradually building a website of aging related research and resource information to be used by providers, academics, and institutions formulating public policy and making funding decisions about resources for aging programs and services. Even though it is a work in progress, the website has been accessed at least 12,230 since April 10, 2005. The website includes projects, publications, resource documents, and events. It has links to other sites related to aging such as California Department on Aging, National Institute of Aging, and other Cooperative Extension Statewide Special Programs such as the Expanded Food and Nutrition Education (EFNEP) Program, County offices, campus resources, and Research and Extension Centers. The site can be accessed at: http://groups.ucanr.org/elderly/.

Several of the most recent training activities the workgroup convened in collaboration with other groups included: the May 18, 2006 conference in Sacramento, CA co-sponsored by the ANR Health Promotion Workgroup for service providers - Community Tools: Preventing Diabetes and Other Chronic Diseases. On September 9, 2009 the Aging Workgroup co-sponsored a conference in Sacramento, CA honoring grandparents and other relative caregivers for their work in helping keep families together. Co-sponsors were CA-AARP, Area 4 Agency on Aging, American River College, and SETA/Headstart of Sacramento. At least a dozen agencies and groups provided resource booths, and at least 31 donors contributed incentives and other materials. Both events were well-attended, received very high positive evaluations, as well as many suggestions for future programs and services.

Future Education and Training: Professional development and client focused community education activities are being planned to include presenting an in-depth gerontology session or panel at the CA-FACS, February 2007 Conference in Los Angeles, CA; a Spring Conference for older Americans to address client needs related to Cognition/Memory, Language/Communication, Caregiving, Nutrition/Wellness, Chronic Disease Prevention and Management, and more. The workgroup is currently collaborating with the ANR Food Safety Workgroup to apply for an ANR Core Issues Grant for the 07/08 program year to conduct Food Safety Training and Education for the elderly. The Core Issues Grant process replaced special project funding for the Workgroups in 2004 when ANR decided to award competitive grants based on predetermined high priority core issues and target opportunities. Workgroups already ratified continues to function, but there will be no new calls for workgroup proposals.

Publications: The ANR California Agriculture Magazine is considering a special publication collection of articles/papers on selected aging issues. Members of the Aging Workgroup have been approached to help think through and formulate the ideas and concepts. A list of potential authors and subject matter from workgroup members and other potential authors and papers has been submitted for consideration by the Magazine.

UC/ANR Workgroup: Mary L. Blackburn, PhD; Janet Monsen, PhD; Beth Ober, PhD; Gloria Barrett, Ed.D, M.S.N.; Lisa Miller, PhD; Amy Joy, PhD; Patti Wooten Swanson, PhD; Karen Varcoe, PhD; and Barbara Gillogly, PhD.

Members may be added to this core group as interest, subject matter, and time is available.

Contact information for this report is: mblackburn@ucdavis.edu.
Dear AAFCS leaders,
Just a reminder that we need you to respond re: suggested speakers and promotional items ASAP. One new idea is to replace magnets with sticky notes advertising the conference. These might have more widespread use, versatility and exposure and perhaps we could get a vocational technical school to do them. Tell us your thoughts.

Do you know of someone who you would recommend as a speaker for the opening general session and summit day (often as a panel member) of our conference, or someone you would like to hear? Their topics should relate to our theme. It is especially helpful if you have heard them speak. Hopefully, they are dynamite and affordable!! Please copy and paste the info underlined below.

Speaker Suggestions:

Your name and affiliate:

Speaker Name:

Contact info if Available:

Their speaking topics:

Where did you hear them speak?

Recommend them for - (Opening General Session or Summit Day):

Comments:

Send to: Marilyn Swierk, Jean Hanson Knaak by deadline.
Copy and paste the e-mails and send to: msinnovate@aol.com, knaak002@meltel.net

Promotional Items
AAFCS needs your help in determining the types of items you find helpful to promote our annual conference. Please copy and paste the info underlined below and comment on the following:

Magnets:

Bookmarks:

Additional items suggested/prefer:

Other comments:

Send to: Marilyn Swierk, Jean Hanson Knaak by deadline.
Copy and paste the e-mails and send to: msinnovate@aol.com, knaak002@meltel.net

REMINDER: ONLINE PROPOSAL SUBMISSIONS BEGIN OCTOBER 2 - NOVEMBER 6, 2006.
California Affiliate
American Association of Family and Consumer Sciences

2006-2007
Scholarship Opportunities

Over $30,000 of funds available
for
Home Economics/FACS Students and Teachers in….

- Technical programs
- 2 year programs
- 4 year programs
- Graduate programs

For complete information contact:

State President - Betty Knopf, Ed.D.

Call: (916) 944-3553        E-mail: fpstude@aol.com
(Put “scholarship information” on subject line)
**Announcements - (cont’d).**

It is never too early to start looking for people who we wish to recognize. I know that CA-AFCS has some outstanding members who have worked very hard in this organization. Please take a look at the following awards, and recommend yourself or others for any of these positions:

- 21st Century Community Champion Award
- Distinguished Service Award (DSA)
- Friends of the Family Award
- National Teacher of the Year Award

Please do not forget—you can submit your own name for any of the positions below. It is important to recognize our members because they have really worked these figures.

No deadline date was listed, but most are due in January. I will provide you with this information as soon as possible.

Note: We need representatives for the AAFCS National Conference and the upcoming CA-FACS Conference.

*Sandy Carpenter*

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**Textile Tips**

by: Carolyn Berry Jackson, Ed. D.

**Tips to Protect Your Textiles Treasures!**

Many of you may own textile items that you treasure; items that could not be replaced, if damaged or destroyed, so you want to do everything you can to protect them. Here are a few tips to help you take care of them:

1. Make sure the item is clean.
2. Store it properly.
3. Protect it as much as you can from environmental damage.
4. Check it often to be sure that it continues to be safe.

To clean a textile item, one needs to determine the fiber content, check the physical condition of the item and then select the cleaning method that will do the least amount of harm to the item. Most individuals that do textile conservation and/or preservation will use one of two general methods for cleaning textiles (1) what is termed Wet Cleaning or (2) Dry Cleaning.

When I Wet Clean, I first check the color-fastness of the dyes, by using dampened cotton swabs to check each color in the fabric. If there is any bleeding of even one color, I do not Wet Clean the item! If there is no bleeding of any of the colors, I proceed to do the following:

1. Brush the item carefully with a soft, clean natural bristle brush working from the center outward.
2. Place the item on a myler screen and put the screen into a container of lukewarm water

If you have questions feel free to e-me at cberryjackson@aol.com or Phone me at (559)299-3977.

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Tips to Protect Your Textiles Treasures!

**Textile Tips**

by: Carolyn Berry Jackson, Ed. D.
CA-Assoc. Family & Consumer Sciences
2121 Mission Avenue
Carmichael, CA 95608

INSIDE CONTEMPO
Sep/Oct 2006

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CALENDAR

January 15, 2007
Nominating Committee’s Ballot
Articles from State Officers
District Presidents, EEF
Student Chapter Representatives

January 15, 2007
Extended Education Fund Scholarships Deadline

February 22, 2007
Executive Board and Board of Directors Meeting
Sheraton Hotel - Los Angeles, CA  2 o'clock PM

February 23-25, 2007
CA-AFCS Western Regional Conference
Los Angeles, CA

March 1, 2007
Bay District Scholarships Deadline
North Central District Scholarships Deadline

March 15, 2007
Los Angeles District Scholarships Deadline